







RAHRC SWIMMING POOL TIMINGS

ACTIVITIES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
POOL VACCUM CLEANING 	0600 – 0730	0600 – 0730	0600 – 0730	0600 – 0730	0600 – 0730
LANE SWIMMING 	1200 - 1300	1200- 1300	1200 -1300	1200 -1300	1200 -1300
ABC SWIMMING LESSONS 	NONE	NONE	NONE	1430 - 1530	1430 - 1530
KIDS GROUP SWIMMING 	1600 – 1745	1600 - 1745	1600 – 1745	1600 – 1745	NONE
SWIM FIT SECTION 	2000 – 2100	NONE	1700 – 1800 Synchronized Swimming (2 lanes)	NONE	NONE
DIVING SECTION (3 LANES) 	NONE	NONE	NONE	1900 -2100	NONE