



THE RAHRC BULLETIN ***APRIL 2016***

THE NEWSLETTER FOR MEMBERS OF THE RAHRC

Ras Al Hamra Off Road Adventure Club (ORAC)
in association with Outward Bound Oman
proudly announce an evening presentation on an historic event

CROSSING THE EMPTY QUARTER



3 people, 49 days, 1,300kms, on foot and by camel, across the largest sand desert on earth

Retracing the footsteps of 1930's explorer, Bertram Thomas
A presentation from a member of the crossing team

7pm, Tuesday May 3rd 2016, Oil and Gas Exhibition Centre, Near Gate 2, simply turn up

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Main Committee Message



Summer has arrived which means most parties outside are now over until the cool season returns. The last big party was organized by the Caribbean section and although it was the 1st time the party was organized, it was sold out and a great success. The bands at the boat club on Thursday nights and the DJ at Friday night will continue at the boat club so please continue to attend those events. New furniture has finally arrived at the boat club and coffee shop patio, please help us in keeping them in good condition and do not remove them from their current location.

Water Safety is our top priority and now the summer is back in full force, many of you will be spending more time in the pool and sea. Unfortunately we have seen 2 serious incidents in the last few weeks which could easily have resulted in fatalities. Both incidents did fortunately not result in this due to timely intervention from one of our swim instructors in the pool, and 2 members for the incident in the sea. Both incidents were a result from a lack of parental supervision and

I would like to remind you it is the responsibility of the parents to keep their own children safe. Children can drown very quickly and parents need to be in the water with their children to ensure they can intervene immediately when a child suddenly gets in to trouble. We have life guards in the pool, but please realize they are not baby sitters for your children.

We have made some changes at the entrance of the club to make sure everybody enters the club in a safe and slow way, and give the security guards the time to check the membership cards. PDO Life Saving rules do apply at the club which means you need to stick to the speed limit, wear your seatbelt and you cannot use your phone while driving.

Every member can bring their guests in to the club but it is obviously not allowed to give your membership card to a friend to let them get in to the club. This seems obvious but unfortunately there are some members who are not following these simple rules.

We will apply consequence management in these cases and the minimum consequence will be a suspension of membership for 3 months.

Enjoy the warm temperatures and stay safe in the water!

Bert Michels
Vice President RAH Club



OUTPOST MUSCAT

April 2016



The Outpost Muscat Team

The team at Outpost Muscat is dedicated to assisting you with practical information and guidance on all non-contractual matters. We can assist you on a regular and on an ongoing basis during your assignment.

Outpost Networking Mornings

Networking events are designed to provide spouses with the opportunity to meet new arrivals, network with other spouses and to ask Outpost questions.

The next Networking Morning will be on **Tuesday 24th May from 9-11 a.m. at the RAH Golf Club.**

This Networking Morning will be a different morning than our usual one. Kim Restucci hosts this charity morning in aid of Dementia Care. Please come and join us at RAH Golf Club for a fun and enjoyable morning of BINGO. If you've never played BINGO before, then this is your chance!! **Places for the event are limited, and to register you will need to come into the Outpost office before the event and buy your book of Bingo tickets for 5 OMR.** The money raised from the sale of the books will all go towards Dementia Care.

Outpost Information Mornings

Every month Outpost organises an Information Morning at the office (Ras al Hamra Street, Apt. 149, Flat G005) from 9:00am–10:30am. This morning focuses on new arrivals but all are welcome. Come in to get an Outpost publication, view the notice boards or exchange experiences. We will be there to answer your questions. These usually take place on the last Thursday of every month. The next one will be on **Thursday 28th April.**

Bus Orientation Tour – Monday 2nd May – 8.15-11.00 a.m. – leaving from the Outpost Office

Most useful for new arrivals, this tour allows you to find out where the hospitals, schools, ROP stations and shopping centers in the Muscat area are. **Contact us to reserve your spot.**

Healthy Life style and Walking groups every Wednesday morning

Nicole Wigny, a certified nutritionist has started a healthy lifestyle and walking group. Walk and talk and get tips on your diet and lifestyle. It is fun and you will not notice that you are doing exercise as well! Meet in the car park opposite the PDO club entrance at 8.15 a.m.



Outpost Muscat

Ras Al Hamra Street, PDO Camp
Apartment 149, Flat G 005
[+968] 246 58640 / 93688739

outpostmuscat@pdo.co.om

www.globaloutpostservices.com



OutpostMuscat

Office hours: Sun, Tue, Thu
8.15-11.00

Appointments outside of these
times are available on request.



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Our Publications

We have a range of publications to help you such as our Inside Guide, Career and Development Guide and key documents on subjects including:

- Housing
- Driving in Oman
- Hiring Domestic Help
- Departure Checklist
- Birth Registration in Oman
- Emergency
- Children's Activities in Muscat

For copies please contact Outpost or pop into the office.

Welcome Services Team

If you are a new arrival and on an accompanied basis a member of our Welcome Services Team will contact your spouse to offer assistance with settling in.

Communication & Newsletters

Please join our email distribution list so that we can notify you of our events and send you our newsletter. To join, please send an email to us on outpostmuscat@pdo.co.om
Newsletters can also be accessed online.

Outpost Muscat website

Lots of information, including our Inside Guide and Key Documents are available on our new website
<http://muscat.globaloutpostservices.com>
To access all information, registration is required. Registration is possible with a PDO email address and computer-ID.

Facebook

Outpost Muscat is now on Facebook. Join our closed group of over 600 people today to see all our events and share information about life in Muscat!

FUN RUN SECTION

The fun run has been going every week for some 19 years already and soon, on 2 June, we will have our run 1000.

We will celebrate this with a T-shirt for those people who join our 1000th run AND have run at least 3 out of the preceding 10 runs. In addition there will be drinks for all afterwards at the Boat Club. So get out your gear and join us on Thursday afternoons at 5:30 pm on the overflow car park.

Looking forward to seeing you there,

Chantal, Paul & Edwin

BODY IN THE WADI:

Looking forward just 3 weeks and RAHADS have their next production. There will be 2 opportunities for you to take part in a Murder Mystery dinner on Friday 13th May and Saturday 14th May. Bring your friends to enjoy a 3 course dinner whilst trying to solve the mystery of "Who dunnit!"

This is an original production written by Rosie Reddy.

Tickets will go on sale on Sunday 1st May.

PRIVATE LIVES

Love, loathing and laughter were skilfully woven together through the plot of Private Lives this week. The story of Elyot (Hugh Mclean) and Amanda (Rosie Reddy) who love and hate each other in equal measure was played out alongside their new partners Sybil (Denise Sanders) and Victor (Lake Arapakis). Highlights of the show included a wonderful exchange between Elyot and Amanda when they asked each other about their new husband/wife: "Where's yours?" "What's yours like?" and a spectacular fight scene superbly staged by the show's Director Julian Masters.

Rosie made a wicked Amanda, prone to exaggeration, shamelessly overacting as she told lie after lie and clearly a devious, manipulative woman who is used to getting her own way. Denise, as Sybil, on the other hand, played a very sweet, patient and understanding 'kitten' who didn't show her claws until she realised what Amanda was doing.

Elyot, brought to life by Hugh, was pompous, sexist and unable to stop himself from constantly arguing with Amanda. He had one sensational line, "Women should be struck regularly, like gongs!" Lake gave us Victor who appeared to be a very strong character but had no idea what his new wife Amanda was really like. Time and again Victor was flabbergasted by Amanda's behaviour and attitude but he still challenged Elyot and almost engaged in a physical fight for his wife.

One character who had a small part but made a huge impact was the French maid Louise played by Tracy Hulme. Her facial expressions and body language combined with a continuous tirade in french just added another comedic dimension.

All in all 3 outstanding performances played to very appreciative audiences who made the following comments: "Truly superb", "Great performances by all", "Just wonderful", "Outstanding show".

Huge congratulations to the Director and cast of the show and grateful thanks to all the other extremely important people without whom the show could not have happened, particularly Julie Nunweek (Stage Manager) and to everyone who helped backstage.

RAHADS - Ras Al Hamra Amateur Dramatics Society

www.facebook.com/rahads

TOASTMASTERS SECTION

It has been a successful year so far for the three PDO clubs in terms of:

- Chartering of PDO Fahud TM club
- Improving Communication/Leadership skills (achieving educational targets, organizing, participating, attending club and area contests)
- Club membership growth (16 new members PDO TM club, 7 new members PDO2 TM club and PDO Fahud 1 New member)
- Special activities/events (Club/Area contests, fast track meetings, video conference with Fahud, supporting the PDO gavel club contest.
- Educational presentation by guest speaker DD Robin Anand
- Improving quality in and attendance at the club meetings



Kayak Section update April 2016



The sea has calmed down and the weather is warming up – perfect conditions for kayaking.

The damaged kayak racks are undergoing renovation and all craft (kayaks, surf skis and boards) have been removed. The entire area is out of bounds while the work is ongoing.

The new racks will be moved forward to accommodate the longer craft (e.g. surf skis) and have different sized slots for wider (e.g. doubles) and higher kayaks (e.g. sea kayaks).

Those who are registered to store craft at the RAHBC will be informed when the renovation is complete.

(photo: Musandam)

If you wish to store a craft at the RAHBC please contact David.DB.Alsop@pdo.co.om or Paul.PS.Sanders@pdo.co.om

Rules for using RAHBC storage:

- Craft must belong to RAHBC members
- Maximum 3 craft (e.g. kayak, surf ski, board) per family
- Craft must be in regular use (average once per month)
- Registered craft only (with RAHBC stickers), in allocated storage slots
- Users must obey RAHBC rules (e.g. use of lifejackets)
- Please report any damage

Note: Failure to comply with instructions from the Kayak committee will result in removal your craft from the Club.

If anyone wishes to join in with some kayaking, please note that we have a social paddle every Thursday evening (weather permitting), meeting at RAHBC from 16.45 to leave the beach by 17.00. It's a good chance to practice if you are going to be supporting the Fahal Island Swim...

(photo from site paddlefishermen.com)



Do you recognise these Kayaks?



A number of kayaks have not been claimed since clearing the racks in February, and are clearly not in regular use. At the end of May, unclaimed kayaks will either be auctioned (proceeds to RAHBC) or donated to the club for general use. If these are your kayaks, please contact David Alsop at david.db.alsop@pdo.co.om and arrange to remove them from the club a.s.a.p.

There are two of these red/black kayaks and they are obviously expensive fishing kayaks. Whose are they?



A nice double – but who does it belong to?

There are also a number of unclaimed yellow Hobie doubles and a Hobie single.



The Oh Man! Adventure Group exists for non working male spouses. Reorganise a range of activities to suit our members. Previous successful events include, Off Road trips, Fishing, Hiking, Snorkelling, a trip to the Damaniyat Islands, ten pin bowling and watching an international World Cup qualifier football match.

Forthcoming events include:

Wednesday 23 March Photography workshop with Hil. Meet **8:00 am** in car opposite the club gates. Hil will advise on the theme and location of the workshop. One suggestion is Muttrah Harbour.

Wednesday 13 April Swimming and snorkelling. Robert will advise on arrangements. Please register your interest with Robert. There will be a cost involved. The amount depends on numbers attending. Likely venue lBandar al Kharan. These photographs are from our last trip in June 2015.



Saturday 16 April Family BBQ **5:00 pm** at the club.

Wednesday 11th May Snorkel trip with possibility of spotting whale sharks. In conjunction with Oman Euro Divers. Members only 24 OMR pp.

You participate in our events at your own risk.

Hope to see you soon.

Come and join us and help plan our adventures. Contact Graham Speller, grahamspeller@aol.com or Robert Velberg, pj.velberg@gmail.com



April 2016 bulletin

- Crossing the Empty Quarter
 - Mountain Trip
- Wadi Trip (Coming Soon)
 - Master Classes
- Desert Driver Training
- ORAC Event Calendar

ORAC HOSTS 'Crossing the Empty Quarter'

Ras Al Hamra Off Road Adventure Club (ORAC)
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proudly announce an evening presentation on an historic event

CROSSING THE EMPTY QUARTER



3 people, 49 days, 1,300kms, on foot and by camel, across the largest sand desert on earth

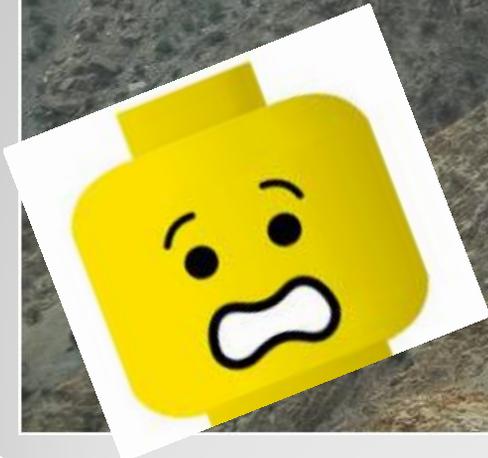
Retracing the footsteps of 1930's explorer, Bertram Thomas
A presentation from a member of the crossing team

7pm, Tuesday May 3rd 2016, Oil and Gas Exhibition Centre, Near Gate 2, simply turn up

You are invited to come along to the Oil and Gas Exhibition Centre on the 3rd of May to listen to this tale of endurance.....

Yasab Mountain Trip

On 15th of April a total of 28 cars (including ORAC volunteers) tackled the challenging drive to Yasab. The route was more 'interesting' than usual due to the recent rains, which had made some of the extremely steep slopes and hairpin bends particularly demanding. Fortunately everyone made it through safely, although many of the drivers said their passengers had their eyes closed for the tricky sections.



Wadi Hawqayn Trip



Get your wellies on...
ORAC Wadi Hawqayn trip is on next weekend....



Master Classes

ORAC ran two Master Classes recently. The first run by David was on the Garmin Base Camp software at the Oil and Gas Exhibition Centre. A great turn out on the night and he will be looking to run this again possibly before the 2016 Wahiba Challenge.



The second of the Master Classes was run by Simon, out technical officer. This was in the art of changing a X joint. Again this was very well received and we will be looking to run this again in the future.



ORAC Sand Driver Training

On 25th and 26th March a total of 19 cars (plus ORAC volunteers) attended the Sand Driver training in the Wahiba Sands. This practical training session is designed to give people experience in sand dune driving as well as recovery techniques so that they can navigate the dunes safely and is complimentary to the theory sessions given in the Oil and Gas Centre.



Trainees listen to the initial safety brief

ORAC Sand Driver Training

The participants were given a briefing prior to the start of the training and then split up into teams with a maximum of 5 trainee cars and two ORAC cars. The trainees then went through the learning experience of cresting, driving up and down slip faces, recovery using kinetic ropes and winches etc.

Negotiating a steep slip face



ORAC Sand Driver Training

Despite initial nerves most trainees built up confidence so that by the end of the day they could put into practice the theory which they have been taught.

Thanks to all of the Volunteers who gave up their time to share their experience with the Trainees.

David and Mark
ORAC Practical Training Officers

We have had lots of great feedback following the last training event from many of the participants. The next sand driver training will take place in October, so why not give it a go?



Remember you need to have completed this to undertake any of the ORAC desert trips!!!



ORAC Web Site



You don't need to be Sherlock Homes to have worked out that nowadays most of our ORAC events are booked online.

Read the advert...!
If it doesn't tell you to contact one of the ORAC members directly then look at our web site!



<http://rahorac.jeeprs.com/>



ORAC Web Site



<http://rahorac.jeeprs.com/>

Several times a month, talks lasting 2 hours and these provide an overview of the various aspects of your vehicle that can be used in the sand, they also cover equipment, driving techniques and recovery techniques.

Booking is required for these talks and a 'seat' will be on a first come first served basis. Theory sessions are advertised here on the website, circulated by email to all club members as well as being displayed on posters around the Ras Al Hamra Club and as screen savers within PDO.

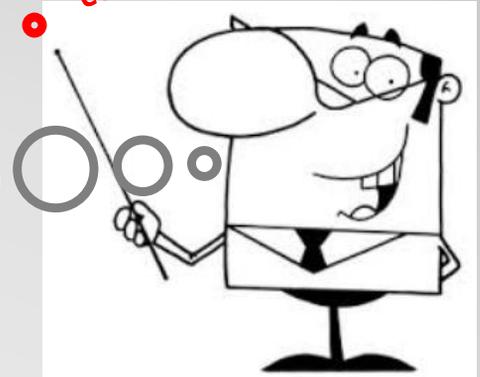
Talks will start on 9th March 2015.

As previous they will be held in the Oil and Gas Exhibition Centre and start at 7pm.

The talk last about 2 hours and no booking is required. Seating is on a first come first served basis.

- A web based outline for the talk can be downloaded here jeeprs.com.
- A printable copy can be found at this link - [PDF Training notes](#).

Under the training section you will find a couple of useful links giving guidance on sand driving, what to take on a trip, how your car works etc.....



You can feedback any suggestions to the club secretary who will forward to Ray our Training Advisor and Site Administrator

ORAC Event Calendar 2016

2016

- 15/16 April Mountain trip.
- 29/30 April Wadi Trip.
- 18 and 19 September Theory evenings.
- 7/8 October Practical training
- 14/15 October Practical training
- 11/12 November WC16
- 20 November WC After Party
- 3 December Family trip

Other mountain and wadi events, not listed here, may take place over the next few months. Please look out for our notices on the Web Site, open and read our emails/bulletins when they arrive.

RAHRC Arts & Crafts Centre House Rules (2016)

The following House Rules rules apply to all users of the RAHRC Arts & Crafts Centre (hereafter referred to as A&C), and supplement the general RAHRC Statutes and House Rules. The intent of the A&C House Rules is to provide a welcoming environment for Arts and Crafts activities, while ensuring that members can work according to safe practices. All users are kindly asked to be familiar with this document.

1. General Information

- a. The A&C is an activities facility at the RAHRC that is intended for use by members.
- b. Non-members can participate in activities by exception only. As per RAHRC House Rules, prior arrangement will have to be made by the A&C Section with the RAHRC Management to bring in guest participants for regular activities, lessons, group practice, group exercise etc., bearing in mind that the standard RAHRC guest fee is applicable for these participants. Any member that invites a guest must attend the same course, i.e. the guest cannot attend the activity unaccompanied by the member.
- c. As per RAHRC House Rules, the A&C is managed strictly on a volunteer basis; this includes the Section Committee, instructors and teachers.
- d. Membership rules, code of conduct and liability for damage are covered within the general RAHRC House Rules.
- e. The Emergency Assembly Point is situated at the wall-end of the A&C car park, opposite the boat yard.
- f. A first aid box is located in the kitchen.

2. Access

- a. The A&C is open on a regular basis throughout the year, generally following the communities' various annual school calendars.
- b. A&C opening hours & use:
 - General opening hours: Sunday to Thursday, from 8.00 - 17.00 hrs
 - Opening hours for scheduled activities: 8.00 - 21.00 hrs
 - No access after 21.30 hrs (except for managing kiln firing)
 - Rooms can be booked when a minimum number of members register for a scheduled course or workshop, and attend for the duration of the activity.
 - For HSE reasons, any activities scheduled after 17:00 hrs must have a minimum of two persons (either members or the caretaker) inside the A&C building for the full duration of the activity.
- c. Keys:
 - Appointed key holders are the RAHRC Front Office, the A&C chairlady and the A&C caretaker.
 - The A&C caretaker is responsible for opening and closing the A&C, its rooms and activity/craft cupboards and storerooms based on the schedule of activities and opening times.

3. Courses and Workshops

- a. Courses and workshops offered are free of charge to RAHRC members. A material or equipment fee may apply to certain courses and/or workshops.
- b. Courses:
 - Courses must be scheduled for a period of 4 (minimum) to 6 weeks. After this time, courses can resume or be continued by advanced instruction.

- Course scheduling is done in agreement with the A&C Secretary.
- c. Workshops:
 - Workshops are activities without instruction.
 - Workshops are scheduled to offer members an opportunity to work on their projects unassisted.
 - A member can request to schedule a workshop under the condition of agreeing to supervise the activity for a minimum period as agreed with the A&C Secretary. The requesting member (workshop supervisor) takes responsibility for managing the activity, taking these A&C House Rules into account.
 - d. Instructors and workshop supervisors decide the number of students that can be accommodated in a course, taking the following into account:
 - Courses must have a minimum of 4 students registered and attending.
 - Courses and workshops shall have a maximum of 12 students or participants.
 - e. If classes are not fully utilized in line with the above, the A&C Secretary may re-allocate the room to another activity
 - f. Instructors will make an effort to manage waiting lists reasonably (at least seasonally, i.e. every 3- 6 months), to allow new students to participate in scheduled activities. Students on waiting lists will be offered an available place on a 'first come-first serve' basis from the date of registration.

4. Students

- a. Students must register for courses by contacting the instructor. Inquiries can also be made from the A&C Secretary.
- b. Before attending a scheduled course/ workshop at the AC, all students must:
 - Register for the activity by contacting the A&C Secretary.
 - Receive confirmation for attending the course or workshop by the instructor or supervisor.
 - Note that course registration confirms full acceptance of this document, the A&C House Rules.
- c. Students are responsible for informing the instructor in case of absence, in reasonable time.
- d. Students are encouraged to make comments and/or suggestions regarding activities, equipment, materials etc. Please drop notes in the A&C hallway 'mailbox'.

5. Instructors

- a. Anyone interested in teaching an A&C course will be asked to:
 - Prove they have adequate skills and/or qualifications to teach the intended course. Adequacy will be determined by RAHRC Club Management.
 - Provide the A&C Committee with a brief 'Course Description' i.e. information including objectives, use of materials and proposed activity schedule.
 - Design an advertisement for the proposed course that will be placed on A&C and RAHRC notice boards, including the monthly RAHRC Newsletter.
 - Have a minimum of 4 students enrolled.

If conditions are met, the A&C committee is pleased to support the instructor in offering the course.
- b. Instructors are requested to sign the A&C Instructors Agreement slip that confirms they understand and agree to the position and responsibilities.
- c. Before starting a new class, instructors are asked to:
 - Remind students of any HSE considerations applicable to their course, as well as basic HSE procedures at A&C (e.g. emergency numbers, first aid box etc.).

- Inform students that A&C House Rules are posted on the notice board.
 - Complete the Student List, including membership number and contact details, and hand this to the A&C Secretary.
 - If applicable, collect any payment for materials provided by A&C.
- d. Instructors have access to activity cupboards only if they are running a course, and are responsible for the safekeeping of any equipment and materials used during the course and stored in cupboards.
 - e. Once a year, when requested by the A&C Treasurer, instructors will be asked to:
 - Check their equipment inventory.
 - Prepare and make an approximate value for the course Stock-list.
 - Submit a course budget request for the following year.
 - f. Instructors are asked to:
 - Inform the Caretaker or a Committee member if any maintenance or repair is required to are equipment, furniture or the rooms (electricity, water etc.).
 - Ensure that A&C property (equipment or materials) is not removed from the building. Any equipment taken from the A&C for repairs must be signed out by the A&C Secretary.
 - Use only special white board markers provided by the AC on classroom whiteboards.
 - Not post any advertisements, posters, notices etc, on the classroom walls. Please use the dedicated notice boards in the hallway for such announcements.
 - g. Instructors are kindly asked to attend the A&C Annual General Meeting and asked to be present at scheduled A&C meetings and events whenever possible.
 - h. The A&C provides a photocopier, laminating machine and some other office equipment for the benefit of instructors, to be used for course-work only. The daytime Caretaker is responsible for operating the machines and making office supplies available to instructors.
 - i. Departing instructors are asked to provide an inventory of A&C course equipment and materials and to the A&C Secretary at least one week before leaving.

6. Instructors & Workshop Supervisors

- a. In order to administer AC activities efficiently, course instructors and workshop supervisors are asked to:
 - Communicate with A&C Secretary and Treasurer as necessary or when requested, regarding scheduling, progress and/or changes to activities, student lists, ordering materials, payments etc.
 - Run their courses according to the proposed schedule of activities as advertised, and inform the A&C Secretary of any changes to activities before they take place.
 - In case of absence from a scheduled class for more than two weeks, to inform the A&C Secretary and course students in reasonable time. In the event of a class cancellation, instructors should try to reschedule the class. Note that another instructor or student can be appointed to stand-in.

7. Equipment & materials

- a. Equipment and consumable materials can be provided for activities, and are:
 - Funded through an annual budget allocated to a course if requested by the course instructor.
 - Purchased as a stock of basic course items- and remain the property of the A&C, or to be sold to students attending the course.
 - Intended for use by instructors and students attending the course only.

- b. Private sales for materials used or items made in courses are not permitted.
- c. Members attending A&C courses may be asked to pay the cost of certain materials needed and provided for courses.
- d. Members attending A&C workshops do not have access to equipment or materials stored in cupboards or storerooms and are asked to bring their own to work with. For exceptions agreement with the A&C Treasurer is required.
- e. Any instructor or student can offer to order/ purchase equipment and materials for courses taking into account that:
 - All orders and purchases must be discussed with the course instructor and agreed by the A&C Treasurer in line with RAHRC Accounting Guidelines.
 - To be reimbursed for any items purchased, members are requested to provide the RAHRC all original purchase documentation and receipts.
- f. At the end of each course and workshop session, all instructors, students, supervisors and participants must ensure that:
 - Classrooms are left tidy i.e. table surfaces, equipment, rubbish in bins etc., so the Caretaker can clean the room.
 - All course equipment and materials, especially electrical, fragile or items carrying HSE risk, are stored away properly and/ or locked from general access.

8. Children

- a. Children under 16 years of age are not allowed to attend regular courses.
- b. Children under 8 years of age are not allowed to attend children's courses. Exceptions are to be agreed with the instructor and the A&C Committee.
- c. Instructors, students, supervisors and participants are not permitted to bring their children.
- d. Parents of children attending classes:
 - Are not allowed to stay in the class; the course instructor will supervise the children.
 - Must not leave their children unaccompanied by an adult inside the A&C building.

9. Pottery & kilns

- a. Only key holders and pottery kiln operators have unsupervised access to the kiln room. Kiln operators are appointed by RAHRC Club Management on request.
- b. The kiln room is to remain locked at all times; especially when in use.
- c. The A&C Committee will allow responsible members to be kiln operators, based on assessment of skills.
- d. Kilns are to be used for firing ceramics only. Kilns cannot be used for:
 - Firing work that is not made by RAHRC members.
 - Firing items that are intended for sale to the public.
- e. For efficiency purposes, kilns shall not be fired unless they are stacked close to full capacity.
- f. Pottery course instructors are responsible for firing their students' and own ceramics.
- g. Kiln use will be monitored by a booking system, using a logbook.
- h. Pottery kiln operators may be granted access to the A&C after hours for operating the kilns after scheduled hours, for the duration of the firing process, in agreement with the A&C Committee.
- i. For HSE reasons, when using the kilns:
 - The name and contact number of the authorized person operating the kiln/s must be posted near the kiln room when in use.

- The A&C Caretaker must be informed when the kiln is in use.
 - The extractor fan must be switched-on at all times while the kilns are in operation.
 - The kiln operator shall not fire-up the kiln/s while members are working at the pottery studio.
 - The kiln operator must not leave a working kiln unattended for more than four hours and must be present when the kiln reaches the scheduled top temperature.
- j. For HSE reasons, regarding the pottery store rooms:
- Only pottery instructors, the Caretaker and the A&C Secretary have permission to access the store room.
 - Equipment and materials supplies in the Storeroom are provided strictly for A&C pottery courses.
 - The pottery storeroom is to remain locked at all times, unless in use.
 - Instructors are responsible for the safekeeping and orderly shelving of materials kept in the storeroom.
 - Instructors must inform students of the proper use of potentially hazardous materials.

10. Caretaker

- a. The Arts Centre Caretaker is responsible for:
- Opening and closing activity rooms according to the course and workshop schedule posted on the notice board.
 - Managing minor repairs.
 - Operating the office printer.
 - Ordering water supplies.
- b. The Caretaker is not authorized to open rooms to anyone outside of the scheduled course and workshop hours.

11. House Rules

- a. Members are encouraged to make comments and suggestions to the A&C Committee in writing. Please put any remarks in the mailbox located in the entrance hallway.
- b. The A&C Committee will review the House Rules annually; changes will be in agreement with the RAHRC Main Committee. The rules will be posted on the main notice board in the entrance hallway of the A&C building and on the website.



enjoy
the last
flowers
of the season!



the Arts Centre

AGM

May 8th

11.30



the **ART** of recycling

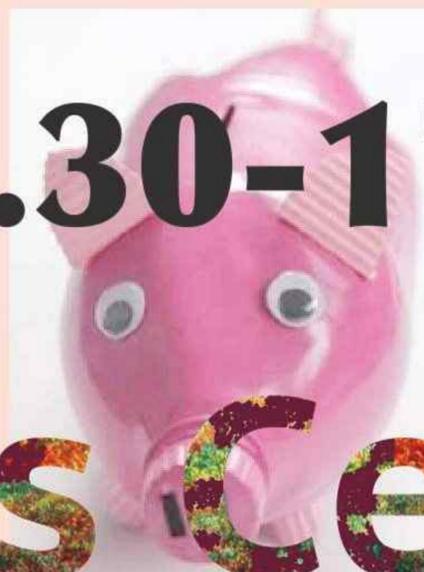


for children

age 9-12



Sundays 16.30-17.30



at the **Arts Centre**



register: vera_rijnvos@gmx.de

papercraft



for children age 6 to 8

Wednesdays 5-6 pm
at the Arts Centre



register at: vera_rijnvos@gmx.de



RAHRC Tennis Club

4th Annual Doubles League Tournament

Dates: 8th May until 2nd June 2016

**Categories Men & Women Doubles
League A & B, Mixed Doubles League A & B,
Men & Women Over 50 Doubles -
League A & B**

**Register before May 9th , Email Coach
Deron at rahrctenniscoach@gmail.com
with League Categories, Team Names and
Contact Details.**

**Tournament Director Coach Deron Tel: 953 44398.
All matches will be fixed by Tournament Director**

CHILDREN'S BOOKS

Come and browse the new books in the Library for our youngest readers.



RAHRC LIBRARY - NEW BOOKS

The Association of Small Bombs
by Karan Mahajan

Youngblood: A Novel Hardcover
by Matt Gallagher

**The Only Game in Town: Central Banks, Instability,
and Avoiding the Next Collapse**
by Mohamed A. El-Erian

Jane Steele
by Lyndsay Faye

You And Me, Always
by Jill Mansell

The Long and Faraway Gone
by Lou Berney

The Girl in the Ice
by Robert Bryndza

The Teacher
by Katerina Diamond

Anatomy of a Soldier
by Harry Parker

Ten Days
by Gillian Slovo

NEW BOOKS

The Maker of Swans
by Paraic O'Donnell

Deathlist
by Chris Ryan

Salt to the Sea
by Ruta Sepetys

The Butcher's Hook
by Janet Ellis

Behind Closed Doors
by B A Paris

The Little Shop of Happy-Ever-After
by Jenny Colgan

You, Me and Other People
by Fionnuala Kearney

The Widow
by Fiona Barton

The English Girl
by Katherine Webb

The Mirror World of Melody Black
by Gavin Extence

NEW BOOKS

The Girl in the Red Coat
by Kate Hamer

Why We Came to the City
by Kristopher Jansma

Fool Me Once
by Harlan Coben

China Rich Girlfriend
by Kevin Kwan

A Doubter's Almanac
by Ethan Canin

The Creative Tarot: A Modern Guide to an Inspired Life
by Jessa Crispin

Under the Influence
by Joyce Maynard

Cosmopolites (Columbia Global Reports)
by Atossa Araxia Abrahamian

Encounters - Someone's Always Waiting
by Sumana Khan

In the Language of Miracles
by Rajia Hassib

NEW BOOKS

Instant Confidence
by Paul McKenna

The 3 Things That Will Change Your Destiny Today!
by Paul McKenna

Overload: How to Unplug, Unwind and Free Yourself from the Pressure of Stress
by Joyce Meyer

Relativity
by Antonia Hayes



RAHRC LIBRARY BOOK CLUB!

Please join us at 11.30 at the Boat Club usually every third Tuesday of the month to enjoy discussing new books.

Our goal is to build a community of readers of good literature connected to the PDO library.

Tuesday 19 April – *History of Loneliness* by John Boyne

Tuesday 17 May – *Circling the Sun* by Paula McLaine

Tuesday 21 June – *In the Heart of the Sea* by Nathaniel Philbrick

Please just come along, even if you have not read the book.

Bring lunch or order from the Boat Club.

We look forward to seeing you then!

MAY 2016 TOP 10

<u>NO.</u>	<u>TITLE</u>	<u>CATEGORY</u>	<u>CAST 1</u>	<u>CAST 2</u>
1	STAR WARS - VII : THE FORCE AWAKENS	SCI-FICTION	DIASY RIDLEY	HARRISON FORD
2	CONCUSSION	TRUE STORY	WILL SMITH	ALEC BALDWIN
3	DADDY'S HOME	COMEDY	WILL FERRELL	MARK WAHLBERG
4	LITTLE PRINCE, THE - VOL. 1	CARTOON	V/O - AIDAN DRUMMON	V/O - BRIAN DRUMMOND
5	IN THE HEART OF THE SEA	TRUE STORY	CHRIS HEMSWORTH	CILLIAN MURPHY
6	EVOLUTION MAN	CARTOON	V/O - JAMEL DEBBOUZE	V/O - MELISSA THEURIAU
7	HATEFUL EIGHT, THE	WEST./ACT.	SAMUEL L. JACKSON	KURT RUSSELL
8	OPEN SEASON - SCARED SILLY	CARTOON	V/O - WILLIAM TOWNSEND	V/O - MELISSA STURM
9	SNOWTIME	CARTOON	V/O - ANGELA GALUPPO	V/O - MARILOUP WOLFE
10	KRAMPUS	HOR./COM.	ADAM SCOTT	TONI COLLETTE