



THE RAHRC BULLETIN

AUGUST 2015

THE NEWSLETTER FOR MEMBERS OF THE RAHRC

Beach 2 Beach Swim

23rd October 2015

Marjan Beach to Ras Al Hamra Club Beach
1.1 km

7-45 am registration - swim to start at 8-30 am

Children under 16 must be accompanied by parents
Either swimming or kayaking

If conditions are not suitable to pass the headland, a swim in the Ras Al Hamra Club bay will be arranged

Breakfast after swim

More details soon



NALCO Champion

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HSBC



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Schlumberger

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Main Committee Message



I would like to welcome all the members, I hope you all had a wonderful break and are now refreshed for the final push to see the rest of 2015 through. The summer is over but not the temperature. It has been hot. No wonder 2015 has been declared the hottest year for our planet since records have been kept.

The hot weather or not, the activity in the club is picking up and will continue to pick up over the coming months with a grand New Year Party. I would like all the members to keep an eye on the notice boards and the website for announcements of the different section and club activities.

HSE and Security

Security has improved, however, security and access to the club is still a concern. Unauthorized access is still a problem and in most of the cases are the cause of security and behavioral issues. You will see some steps to improve this situation. With the introduction of security cameras on the club premises will serve as a deterrent. Access control procedures will be introduced soon. These procedures will control and check unauthorized access to the club.

The security guidelines are being updated and will be available on the web and will also be circulated to all the members. Please read them carefully and support us to make the club a safe environment for the members, their families and guests.

Ras Al Hamrah Club

The club and the sections are planning different activities for 2015 and 2016. Some will be the usual greats and some new cultural activities for the different sections. The live bands in the boat clubs have resumed and should provide exciting entertainment. Health and fitness section is busy with the different programs. PDORC honored the Oman Cricket team which has qualified for the first time in the GCC for the 2016 world cup T20 cricket tournament to be held in the month of March in India. PDORC has been associated with cricket in Oman since the beginning and has supported and continues to support Oman Cricket Club by participating in the league.

The Golf Club is also becoming active. The golf section will play a more active role in the club activities. This is the only flood lit course in Oman. We are now allowing the non members to come and experience the course to promote the game of Golf in Oman. We will be introducing a management system in the golf club which will be followed by implementation in the main club to better serve the members in the different outlets.

RAH Club Redevelopment

Work is progressing on the redevelopment of the club. The old golf club house is in the process of being demolished.

For more information on what is going on at the club, please visit the club website at: www.pdorc.com and any comments or feedback can be posted to rahrc@pdo.co.om.

I hope that like everyone, I am looking forward to enjoy the exciting activities planned by the different section.

**On behalf of the Main Committee,
Khalid Jawad Al Khabouri
President**



The Outpost Muscat Team

The team at Outpost Muscat is dedicated to assisting you with practical information and guidance on all non-contractual matters. We can assist you on arrival and on an ongoing basis during your assignment.

Outpost Networking Mornings

Networking events are designed to provide spouses with the opportunity to meet new arrivals, network with other spouses and to ask Outpost questions. Look out for our email for dates of upcoming Networking Mornings.

Outpost Information Mornings

Every month (second Wednesday) Outpost organises an Information Morning, 9:00–10:30. This event focuses on new arrivals but all are welcome. On **9th September** we will meet in Marlin Hall behind the library in RAH club. We will be there to answer your questions.

Bus Orientation Tour

Outpost Muscat organises a Bus Orientation Tour for new arrivals, showing hospitals, schools, ROP-stations and shopping centres in the Muscat area. Please contact us to reserve a seat. **17th Sept. Or 1st Oct.** 8.15 to 11am.

Our Publications

We have a range of publications to help you such as our Inside Guide, Career and Development Guide and key documents on subjects including:

- Housing
- Driving in Oman
- Hiring Domestic Help
- Departure Checklist
- Birth Registration in Oman
- Emergency

For copies please contact Outpost or pop into the office.

Welcome Services Team

If you are a new arrival, and on an accompanied basis, a member of our Welcome Services Team will contact your spouse to offer assistance with settling in.

Outpost Muscat
5 Karim Flats
Ras Al Hamra Street, PDO Camp
(+968) 246 58 640 or 9350 4139
Emergency contact: 9368 8739
(Mary's Mobile)
OutpostMuscat@pdo.co.om
<http://muscat.globaloutpostservices.com>



OutpostMuscat

Office hours: Sun, Tue, Thu
08.15 – 11.00
Appointments outside of these times are
available on request.



Career and Development (C&D) for Spouses

We offer C&D assistance to spouses who would like to work or undertake some further studies. This assistance includes CV advice and information on study options. We also hold Career and Development events such as Interview Skills and CV-writing workshops.

We also have a specific Facebook page for those looking for work or volunteering opportunities. All new postings are listed here. **Sign up to the Outpost Muscat C&D Facebook page.**

Communication & Newsletters

Please join our email distribution list so that we can notify you of our events and send you our newsletter. To join, please send an email to us on outpostmuscat@pdo.co.om
Newsletters can also be accessed online.

Outpost Muscat website

Lots of information, including our Inside Guide and Key Documents are available on our new website

<http://muscat.globaloutpostservices.com>

To access all information, registration is required. Registration is possible with a PDO email address and computer-ID.

Facebook

Outpost Muscat is now on Facebook. Join our closed group to see all our events and share information or ask questions about life in Muscat!

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Greetings RAH Members,

The heat is slowly cooling off which means we will soon be starting the golfing season.

We are currently offering the RAHGC Summer Special until the 30th September, RAHRC members and their guests can enjoy 9 holes of golf along with same day access to RAHRC facilities for only 15 OMR.

Please note that tee times may only be booked 48hrs in advance.

Please see the Golf Club operational hours throughout summer:

Sunday-Thursday 12pm-11pm*Last tee time 9pm

Friday- Saturday 8am- 11pm*Last tee time 9pm

We now have the driving range open for public access, to use the driving range please visit Golf Reception (inside the Golf Clubhouse).

2 OMR for a pyramid of balls.

5 OMR for a pyramid of balls and rental clubs.

The Golf Tuition schedules will be announced very shortly, classes for beginners, ladies and juniors will be held daily throughout the season.

For all tuition enquiries please email Head Golf Professional William Bruce.

wbruce@troongolf.com

Memberships are still available, please email rasalhamragolfclub@outlook.com for more information.

We also have the Ras Al Hamra Golf Club Facebook Page, please link the following link for updates, information and news on the RAHGC

<https://www.facebook.com/groups/433102503416408/>

PLEASE NOTE RAS AL HAMRA GOLF CLUB WILL BE CLOSED FROM SUNDAY SEPTEMBER 13TH THROUGH TO TUESDAY SEPTEMBER 15TH. THIS IS FOR ANNUAL GOLF COURSE MAINTAINENCE. APOLOGIES FOR ANY INCONVIENIENCE.

Dear Bridge Enthusiasts,

The Bridge section is pleased to announce that:

After the summer holiday break, we will be starting the Monday evening sessions from 31st of August 2015.

Every Monday evening in the Palm Room of the RAH Club.

Starting time is: 19.15 (sharp) until approximately 22.15.

Please plan to arrive at 19.00 to allow for admin and registration.

Furthermore for new and less experienced players, we will start training courses this autumn. A beginners course from 1730-1930 and an intermediate course from 1945 - 2145 on Tuesday evenings.

Contacts:

- julian.tw.masters@pdo.co.om
- evertroos@gmail.com

Looking forward to welcome you all,
Pei-Lian Wang
(Chairman of the Bridge Section).

RAS AL HAIMRA RECREATION CENTRE

Bridge Courses

Falcon Room, RAHRC
September - November 2015
with breaks for Eid holidays

Beginners Bridge
Tuesdays 5.30pm to 7.30pm

Continuing Bridge

- Brush up your bidding
- Develop your defence
- Polish Up Your Play
- Competitive bidding

For maximum benefit come with regular partner

Tuesdays 7.45m to 9.30pm

♥ ♠ ♦ ♣

Contact: Julian Masters
GSM: 97237721
Email: julian.tw.masters@pdo.co.om

Oh Man! Adventure Group

We are a network of male trailing spouses building meaningful relationships, organizing fun and interesting activities, and giving back to the PDO and Muscat community. We value honesty, curiosity, passion, open-mindedness, and adventure!

Summary

This section of the Ras Al Hamra Recreation Club (RAHRC) has been set up primarily, but not exclusively, for men who do not work (male trailing spouses). The section's activities take place mainly, but not always, during traditional working hours. There is a growing and varied programme of activities that arise from the interests of its members.

Our goal is simple. We want to have fun! It proves difficult to obtain employment and appropriate visas in Oman, but as trailing male spouses, we are very fortunate to live in a country with endless opportunities to explore!

Recent activities include:

- day trips to explore wadis off road and other places of interest.
- boat excursions to fish around the local waters.
- guided tour of the gas and oil exhibition.
- a snorkeling trip to Bandar Kharan by boat.
- family BBQs on the beach at RHRC.
- a guided tour of the new golf complex.
- a hike across the hills behind Muttrah

Future events are planned to include:

- a day trip to the Daymaniyat Islands
- a photography workshop
- quad biking on the hills towards the airport
- further off road adventures
- more fishing trips
- family bbq
- international themed dinners.

In addition, through our qualified member Robert Velberg, we run courses for those who wish to qualify for power boat licenses. We have other members active in the diving and sailing sections of the club willing to share their experiences and expertise.

More About Us

We communicate in the English language, however if you have less mastery over English, we will support you in any way we can. Please do not let any language issue become a problem... It is not ...you can join!

We understand that many trailing men will have responsibilities with respect to children and will be in charge of school runs, sick children, children's parties, etc ,etc. Your participation could

therefore be limited by time. We will try to organize schedules and trips to fit all, and in many cases you could bring your children. Please speak up if you require special timing to be able to accommodate the needs of your family. We will try to adjust!

We certainly do not want to forget our working counterparts. In general we organize activities on working days between 0800 and 1700 (adjustable to childcare requirements) so not to disturb family time during weekends and evenings; however, we can extend our activities to the weekends to include our families if we all agree. Family BBQ and national dinners are already planned.

It is very important to understand that your expertise, your contributions and your limitations as members form the basis of our group. The more active we are as individuals, the more active (and especially the more fun) we have as group!

As a formal section of the RAHRC we have a limited yearly budget. This budget will be depleted by activities and purchases supported by the group. Some activities may require a contribution. This contribution will be settled through the club administration.

We are self supporting and generate our own activities. We are certainly not professionals but use the knowledge and expertise within the group. Members are completely free to join or decline any activity. All activities are voluntary, although it would be appreciated if members could join in with incidental community service if so requested (for instance the preparations for a tropical storm). Members could be asked to help out with planning activities especially if you have certain specific qualities. You could take the lead in for instance photography session into the fish market if photography would be your hobby or a day trip into a wadi if you enjoy off road driving. Cooking / BBQ experience is most welcome !

We have connections to other sections of the club and can introduce you and your family to, for instance, the RAHRC Sailing Club, the fishing club, the power boat group, the diving club, and much more ... just let us know and we will help you get in contact.

Finally, we have all experienced the uncertainty and stress of new arrival. Of course your focus will be on getting your family settled and not on our excursions, however we are more than willing to help and advise you on any issues if we can. Whether it is cars, insurances, schools, satellite TV, mobile phones, weekend trips, or anything else you can think of.

ORAC Bulletin August 2015 - Safety Advice

Welcome back after the summer. Some tips for those of you who've been away:

1. Battery

You may find your car battery has gone flat. In the extreme temperatures we experience here, batteries usually last 1 – 2 years. They also tend to expire with very little warning : often one time “struggle to start” is the only indication you will get before total battery failure. If you are planning off-road trips, we recommend carrying jump-leads and making sure your battery is in good health.

2. Tyres

If your car has been standing for a number of weeks, we recommend you check the tyre pressure before driving any distance. Don't forget to check the spare too.

Why is tyre pressure important?

Significant heat is generated by sidewall flex and rolling friction, which means that tyres at lower pressure run much hotter. At high speed and ambient temperatures, a properly inflated tyre can experience temperatures over 100 °C. If you then factor in heavy loads, reduced pressures and surface temperatures well over 50 °C, the temperature in the rubber of the tyre will be significantly higher. Overheating a tyre by running at speed whilst under-inflated is a very common way of destroying tyres and the damage can be done in a very short distance. It will usually manifest as a sudden blow-out or de-lamination at speed.



Also, the current recommendation for this environment is that tyres are changed every 3 years for safety reasons (including the spare). You can check the age of your tyres by the marking on the sidewall:



There will be a 4-digit number stamped into the sidewall (with or without the preceding letters). The first 2 digits are the month and the second 2 digits are the year. In the example above, the tyre was manufactured in the 51st week of 2007.

Note: Vendors in Oman are not allowed to sell tyres that are already more than 1 year old as shelf time also leads to aging.

Why change your tyres after only 3 years?

As tyres age, the rubber tends to dry out and harden. This can lead to cracking and splitting, poor ride and significantly less grip on the road. Much of the cracking and delamination is on the inside of the tyre and cannot be seen without removing the tyre.

Note: Spare tyres which are in direct sunlight age much more rapidly - get a tyre cover.

Stay safe!

Kayaking Section

Three of the kayakers braved the heat and humidity to make a trip to Bandar Khayran on 1st August. Bandar Khayran is only a short drive away and is easily accessible. This natural inlet has great scenery, coral reefs, and mangroves – and you can go out into the sea to explore further along the coastline. There are secluded beaches where it is possible to get out and stretch your legs, or – as we did - get into the water to cool down.

Don't forget that there is a weekly paddle on Thursdays, leaving PDO beach at 5pm – all welcome.

(Thanks to Loic for the pictures, which is why he's not in any of them).



Captain: David Alsop

PDO Toastmasters Club Officers.

Congratulations to PDO Toastmasters Club Officers for attended club officers training.

Providing effective training for club leaders is critical elements to creating a successful club. When club officers are well-trained to perform their duties, club members are better served. This makes the member experience more positive, which leads to a quality club experience and increased member retention. Without properly trained leaders at every level, districts and clubs cannot meet members' needs or introduce the benefits of Toastmasters to others.

Club Mission

To provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Yahya Maimani.

PDO Toastmasters



TOP 10 VIDEOS

No.	TITLE	CATEGORY	CAST 1	CAST 2
1	FAST + FURIOUS 7	ACTION	VIN DIESEL	PAUL WALKER
2	SELMA	TRUE STORY	DAVID OYELOWO	CARMEN EJOGO
3	HOME	CARTOON	V/O - JIM PARSONS	V/O - RIHANNA
4	BEST OF ME, THE	ROM./DRA.	MICHELLE MONAGHAN	JAMES MARSDEN
5	SECOND BEST EXOTIC MARIGOLD HOTEL, THE	COM./DRA.	JUDIE DENCH	MAGGIE SMITH
6	PROJECT ALMANAC	SCI-FI./THR.	AMY LANDECKER	SOFIA BLACK-D'ELLA
7	DELHI SAFARI	CARTOON	V/O - JASON ALEXANDER	V/O - CARREY ELWES
8	GUNMAN, THE	ACT./THR.	SEAN PENN	IDRIS ELBA
9	JUPITER ASCENDING	SCI-FI./ACT.	CHANNING TATUM	MILA KUNIS
10	TRACERS	ACT./THR.	TAYLOR LAUTNER	MARIE AUGEROPOULOUS

RAHRC JUNIOR CRICKET COACHING

Kids Cricket Coaching for the Year 2015 first session completed and certificates distributed by RAHRC cricket section with OCC(Oman Cricket CIUB). Professionally accredited coaches (Asian Cricket Council) are engaged the training.















Ras Al Hamra Development Project News

Latest in the Project

- Supreme Planning Committee Visit
- Villas and Apartments handover
- HSE Highlights
- Recycling Plastic Bottles



- ### HSE Highlights
- LTIF since inception of the project is 0.27
 - LTIF since start of 2015 is 0.18 (Ahead of Target)
 - Project completed 29.7 Million man-hours since inception
 - Project achieved more than 4.6 Million safe KM driven without MVI.



Supreme Planning Committee members have been welcomed to the Project showroom, acquainted with the master plan and visited new villas and apartments. The Guests were interested in the innovative design, building methods and sustainable features incorporated in the residential units.



Apartment building No. 4 at Ras Al Hamra Street and 24 attached villas at Kauther Street were completed and keys handed over to UIB for further allocation to staff.

Promoting an environmentally friendly culture, The Project team has partnered with Industrial Development & Services (MIDS) to collect and recycle all plastic bottles from the offices. Collection of bottles is on weekly basis since January.





RAS AL HAMRA CLUB LIBRARY

Telephone: 246 77307 (during opening hours)

Email: alfahal2@omantel.net.om (checked on a weekly basis)

Frequently Asked Questions	Available for Loan
<ul style="list-style-type: none"> • How do I become a member? <i>The use of the Library is free to member of RAH Recreation Centre on completion of an application form.</i> • What can I borrow? <i>Eleven items plus an additional two books per child aged 3 years and above living in Oman.</i> • What is the loan period? <i>Members – 3 weeks, Library Volunteers – 6 weeks</i> • How do I extend the loan period? <i>In person or phone 246 77307 during opening hours.</i> • What happens if items are returned late? <i>A fine of 100 bz per day per item overdue will accrue on a daily basis. Fines will be charged to your club account via bar chit.</i> • How can I return items outside of opening hours? <i>There is a drop box at the Library should you wish to return items during closing hours.</i> • How do I request items that are not currently available? <i>Please speak to the Duty Librarian should have any specific requests for books or music.</i> 	<ul style="list-style-type: none"> • <i>English Books</i> • <i>Local Interest Books</i> • <i>Arabic Books</i> • <i>Dutch Books</i> • <i>Children's Books</i> • <i>Magazines</i> • <i>Audio Books</i> • <i>Music CDs</i> • <i>CD Language Courses</i>

Opening Hours

Sundays: 13:00 – 19:30

Mondays: 08:30 – 20:30

Wednesdays: 08:30 – 19:00

Title	NEW BOOKS IN THE LIBRARY
The Last Anniversary by Liane Moriarty	Liane Moriarty once again combines sharp wit, lovable and eccentric characters, and a page-turning story for an unforgettable Last Anniversary
Colorless Tsukuru Tazaki by Haruki Murakami	“More than just a story but rather a meditation. . . . There is a rawness, a vulnerability, to these characters.” —Los Angeles Times
What Young India Wants by Chetan Bhagat	In his latest book, What Young India Wants, Chetan Bhagat asks hard questions, demands answers and presents solutions for a better, more prosperous India.
Stranger Child by Rachel Abbott	Ms. Abbott writes complex and yet very believable thrillers and this book was no exception. You will be on the edge of your seat constantly. 5 stars. A very strong thriller. Books, Reviews, Etc.
Fat Chance by Nick Spalding	‘Nick Spalding never fails to entertain me. His books have the uncanny knack of making you realise just how funny and ridiculous real life situations can be. With his latest literary offering, Fat Chance, we can see that he is just as on form as ever.’ —lisatalksabout.com
Smoke Gets in Your Eyes by Caitlin Doughty	Honest and heartfelt, self-deprecating and ironic, Caitlin's engaging style makes this otherwise taboo topic both approachable and engrossing. Now a licensed mortician with an alternative funeral practice, Caitlin argues that our fear of dying warps our culture and society, and she calls for better ways of dealing with death (and our dead).
Two of Us by Andy Jones	The Two of Us is a charming, honest, laugh-out-loud novel about life, love, and the importance of taking neither one for granted.
Lovers at the Chameleon Club by Francine Prose	A richly imagined and stunningly inventive literary masterpiece of love, art, and betrayal, exploring the genesis of evil, the unforeseen consequences of love, and the ultimate unreliability of storytelling itself.
Delicious by James Hannaham	A Southern farm provides the backdrop for a modern-day slavery tale in this textured, inventive and provocatively funny novel... A poised and nery study of race in a unique voice. Kirkus (starred review)
Lives in Ruins by Marilyn Johnson	“Johnson writes entertainingly, employing many quirky tidbits gleaned from the likably eccentric intellectuals she meets.” (New York Times Book Review)
Life or Death by Michael Robotham	Michael Robotham has created the ultimate underdog hero, an honorable criminal shrouded in mystery and ready to lead readers on a remarkable chase.
The Stranger by Harlan Coben	#1 New York Times bestselling master of suspense Harlan Coben delivers his most shocking thriller yet, proving that a well-placed lie can help build a wonderful life-- and a secret has the same explosive power to destroy it.

The Ice Twins by S.K. Tremayne	<p>In the tradition of <i>The Girl on the Train</i> comes the UK bestseller <i>THE ICE TWINS</i>, a terrifying psychological thriller with a twisting plot worthy of Gillian Flynn. In the tradition of <i>The Girl on the Train</i> comes the UK bestseller <i>THE ICE TWINS</i>, a terrifying psychological thriller with a twisting plot worthy of Gillian Flynn.</p> <p>One of Sarah's daughters died. But can she be sure which one?</p>
West of Sunset by Stewart O'Nan	A “rich, sometimes heartbreaking” (Dennis Lehane) novel of F. Scott Fitzgerald’s last years in Hollywood
Leaving Berlin by Joseph Kanon	From the bestselling author of <i>Istanbul Passage</i> —called a “fast-moving thinking man’s thriller” by <i>The Wall Street Journal</i> —comes a sweeping, atmospheric novel of postwar East Berlin, a city caught between political idealism and the harsh realities of Soviet occupation.
Citizens Creek by Lalita Tademy	The New York Times bestselling author of the Oprah Book Club Pick <i>Cane River</i> brings us the evocative story of a once-enslaved man who buys his freedom after serving as a translator during the American Indian Wars, and his granddaughter, who sustains his legacy of courage.
The Whites by Harry Brandt	The electrifying tale of a New York City police detective under siege—by an unsolved murder, by his own dark past, and by a violent stalker seeking revenge.

NEW BOOKS IN THE LIBRARY

Description

My Husband Next Door by Catherine Alliott

Catherine Alliott brings us the fabulously funny and wonderfully heart-warming My Husband Next Door.

Cavendon Hall by Barbara Taylor Bradford

Few novelists are as consummate as Barbara Taylor Bradford at keeping the reader turning the page. She is one of the world's best at spinning yarns' Guardian

Healthy Living High Fibre Cookbook

In Healthy Living: High Fibre you'll find over 100 easy and appealing recipes that the whole family will love.

Healthy Living High Cholesterol Cookbook

Key points: each title includes comprehensive nutritional guidelines from experts in the field; more than 100 recipes bring variety and healthful options within easy reach; and, checklists and tables provide at-a-glance information

Deliciously Ella by Ella Woodward

Deliciously Ella is an essential, how-to guide to clean, plant-based eating, taking you through the best ingredients and methods for preparing easy, exciting meals.

The Teashop on the Corner by Milly Johnson

The magical new novel from Sunday Times top ten bestseller, Milly Johnson. Life is full of second chances...if only you keep your heart open for them.

How to Talk to Anyone by Leil Lowndes

What is that magic quality makes some people instantly loved and respected? Everyone wants to be their friend (or, if single, their lover!) In business, they rise swiftly to the top of the corporate ladder. What is their "Midas touch?"

& Sons by David Gilbert

"Audacious . . . [one of the year's] most dazzlingly smart, fully realized works of fiction." —The Washington Post

The Architect's Apprentice by Elif Shafak

"At once epic and comic, fantastical and realistic. . .like all good stories, it conveys deeper meanings about human experience. . .The Architect's Apprentice explores issues of power and bigotry, creativity and freedom, but its overarching theme is love. . .a carefully crafted work of imagination that both reveals and conceals its skill. It will confirm Shafak's reputation as a writer of impressive range, who quietly resists categorization and is not afraid to ask the big questions." —Financial Times

The Forever Girl by Alexander McCall Smith

"McCall Smith's generous writing and dry humor, his gentleness and humanity, and his ability to evoke a place and a set of characters without caricature or condescension have endeared his books to readers." —The New York Times

Saving Grace by Jane Green

Powerful and riveting, Jane Green's Saving Grace will have you on the edge of your seat as you follow Grace on her harrowing journey to rock bottom and back.

The Assassination of Margaret Thatcher by Hilary Mantel

A book of her short stories is like a little sweet treat.--
USA Today (4 stars)

Get the Truth by Philip Houston

Getting someone to tell the truth is an essential skill that very few people possess. In the boardroom, classroom, or our own homes, every day we interact with others and try to get the truth from them. This book will show you how to do it, and do it well!

The Gemini Effect by Chuck Grossart

2014 Winner — Amazon Breakthrough Novel Award —
Science Fiction, Fantasy, Horror

Quicksand by Steve Toltz

A daring, brilliant new novel from Man Booker Prize finalist Steve Toltz, for fans of Dave Eggers, Martin Amis, and David Foster Wallace: a fearlessly funny, outrageously inventive dark comedy about two lifelong friends.

The Art of Work by Jeff Goins

Jeff Goins, a brilliant new voice counting Seth Godin and Jon Acuff among his fans, explains how to abandon the status quo and live a life that matters with true passion and purpose.

Fear Nothing by Lisa Gardner

“An intelligent, sophisticated psychological thriller....Gardner continues to show us why she is on the short list of top thriller writers today.”—Suspense Magazine

The Harder They Come by T C Boyle

Acclaimed New York Times bestselling author T.C. Boyle makes his Ecco debut with a powerful, gripping novel that explores the roots of violence and anti-authoritarianism inherent in the American character.

The Happiest Toddler on the Block by Harvey Karp

Perfect for expecting parents who want to prepare themselves for the challenging toddler years (which starts around eight months of age), this essential guide, a national bestseller by respected pediatrician and child development expert Dr. Harvey Karp, not only helps reduce tantrums but makes happy kids even happier by boosting patience, cooperation, and self-confidence.

Memory Man by David Baldacci

With over 110 million copies of his novels in print, David Baldacci is one of the most widely read storytellers in the world. Now he introduces a startling, original new character: a man with perfect memory who must solve his own family's murder.

Battle Hymn of the Tiger Mother by Amy Chua

The New York Times Book Review. “[E]ntertaining, bracingly honest and, yes, thought-provoking.”

Flash Boys by Michael Lewis

In Michael Lewis's game-changing bestseller, a small group of Wall Street iconoclasts realize that the U.S. stock market has been rigged for the benefit of insiders.

The Four Streets by Nadine Dorries

The characters are engaging, the streets scenes cinematic and the theme of the novel - abuse, both sexual and domestic - powerful! The Times.

Silent Scream by Angela Marsons

This is one of the best crime novels I've read in a long time. It's very hard to believe this is a debut novel.

The Godforsaken Daughter by Christina McKenna

"Christina McKenna's The Godforsaken Daughter is an enthralling, well-drawn, and incredibly evocative story of love, grief, redemption, and faith...I adored its country setting, relatable cast, and unique plot. By the last page, the loose ends had come together in a way that was deeply satisfying without being predictable." —Write, Meg!

Finders Keepers by Stephen King

"Stephen King's superb new stay-up-all-night thriller, Finders Keepers, is a sly, often poignant tale of literary obsession that recalls the themes of his classic 1987 novel Misery...a love letter to the joys of reading and to American literature... wonderful, scary, moving." (Elizabeth Hand, The Washington Post)

Go Set a Watchman by Harper Lee

From Harper Lee comes a landmark new novel set two decades after her beloved Pulitzer Prize–winning masterpiece, *To Kill a Mockingbird*.



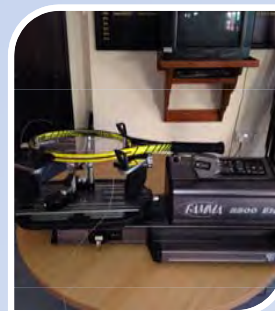
RAHRC Tennis Club

Presents New Season 2015-16



Start Dates	Weekly Events	Days	Timings
30-Aug-15	Ladies Morning's	Mon & Thr	8:30 Am – 10:00 Am
01-Sep-15	Tots Camp (3 & 4 years Old)	Tue's	3:00 Pm – 3:45 Pm
03-Sep-15	Social Round Robin Tennis	Thr's	7:00 Pm – 9:00 Pm
05-Sep-15	Junior Camp	Sat's	8:30 Am – 10:00 Am

OTHER SERVICES : BALL MACHINE RENTAL & RACQUET RE-STRINGING



TENNIS LESSONS REGISTRATION IS ONGOING EMAIL TO RAHRC TENNIS COACH@GMAIL.COM OR VISIT OUR WEBSITE WWW.PDORC.COM/TENNIS FOR MORE INFO.

HAWA CRICKET TOURNAMENT 2015

“The third annual HAWA charity indoor cricket tournament was held in Ras Al Hamra Indoor Sports Hall on 13th June 2015, with all proceeds going towards HAWA - a charity helping raise funds for underprivileged and the needy within Oman. This year an additional event was held for children on Friday 12th June. The childrens’ event was a culmination of the 3 month coaching sessions with OCC (Oman National Cricket Club) through professionally qualified coaches. The organisers were extremely gratified by the success of these two events with the fund raising target being exceeded through these events and collective fund raising prior to the event. More than 84 people took part in the event with 12 teams (from within PDO and externally, including teams from National Gas Company, Price Water House Coopers, Modern Exchange, Weatherford and Schlumberger). The eventual finalists were a team from PDO (PDO Panthers) and a team from National Gas Company. All the games were keenly contested and played in tremendous spirit, with some fine talented players on view. The final was won by National Gas Company and their players included Martin (captain), Irfaan, Naseem, Kaleem-ullah, Nadeem, Safiq, Ishan, Gul Afghani. The best batsman of the tournament was Abdul Nafay from PDO Panthers, Best Bowler Kaleem-ullah, Best All-rounder Naseem, both from (National Gas Company). PDO Finance Director Haifa Buasaidi was present for the prize giving as Guest of Honour, in what proved to be a very successful and enjoyable event held to aid those desperately in need of support within Oman during Ramadhan.”





