



THE RAHRC BULLETIN

DECEMBER 2015

THE NEWSLETTER FOR MEMBERS OF THE RAHRC

RAS AL HAMRA RECREATION CENTRE
31st December 2015, RAHRC – Courtyard
19:30 till Late

European Band
MAJESTIC NEW YEARS EVE
DJ Junior & DJ Hamood

Dress Code: Purple, Gold, Formal
AGE: 21+

RO 26 /- Members
RO 23 /- Guests
Incl. Dinner & Live Show

MAJESTIC NEW YEAR 2015

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Main Committee Message.

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Badminton Section.

RAH Sub Aqua Club.

Personal Development Network.

Top 10 Videos.

RAH Library.

Main Committee Message



Winter is starting, the weather is great, and the RAHRC is bustling with activities. December kicked off with a well-attended beach party, and the International Market Place, a charity event celebrating different nationalities in PDO. The International Market Place was absent from the RAHRC calendar for a couple of years, but given this years' success hopefully the event is here to stay!

Furthermore RAHAD's presented their December pantomime 'Pinocchio'; all shows were sold out and adults and children enjoyed a fantastic performance. Following this, on the same day, was the first ever Club Skate Party, organized by the Hispanic Section. Children took their skates and scooters around a track on the volleyball court, whilst enjoying food and music in this X-mas inspired event. If you are a keen dancer, the Hispanic section is also starting Tango lessons, well worth a try 😊.

The Christmas Carols event (another first!), organized by the Music section, attracted over 300 people in the Sohar Garden. The event featured high quality classical music performances, a singing audience and a star guest performance of the PDO School Choir. The Music section has been revived from the past and starts 2016 with a raft of activities, so please sign up if you are interested!

The new traffic barriers at the club entrance have been installed, so be aware of the new exit barrier and take care when pulling out onto Ras Al Hamra Street. The exit barrier will remain open during daytime and will be operational from 21:00 hrs till morning. Also cameras have now been installed around the Club, ensuring safety and security for all guests.

The RAHRC will end 2015 with our traditional New Year's Party, featuring a special band from Europe. The theme is 'Majestic' and some tickets are still available. Many sections are already busy planning and organizing events for the start of 2016, e.g. the Pakistani Spring Festival, Dutch Kinderfeest and the X-treme Wahiba Challenge.

Last but not least, on behalf of the Main Committee I would like to wish all those celebrating Christmas a wonderful time, and we wish everyone a healthy, safe and happy 2016!

On behalf of the Main Committee

Karen Thijs
Community Member/Social Sections



The Outpost Muscat Team

The team at Outpost Muscat is dedicated to assisting you with practical information and guidance on all non-contractual matters. We can assist you on arrival and on an ongoing basis during your assignment.

Outpost Networking Mornings

Networking events are designed to provide spouses with the opportunity to meet new arrivals, network with other spouses and to ask Outpost questions.

The next Networking Morning will be announced shortly.

Outpost Information Mornings

Every month Outpost organises an Information Morning at the office (5 Karim Flats) from 9:00–10:30. This morning focuses on new arrivals but all are welcome. Come in to get an Outpost publication, view the notice boards or exchange experiences. We will be there to answer your questions. These usually take place on the second Wednesday of every month. The next one will be on **Wednesday 13th January**.

Bus Orientation Tour

Every few months, Outpost Muscat organises a Bus Orientation Tour for new arrivals, showing hospitals, schools, ROP-stations and shopping centres in Muscat. **The next Bus Tour will be on 20th January.**

Our Publications

We have a range of publications to help you such as our Inside Guide, Career and Development Guide and key documents on subjects including:

- Housing
- Driving in Oman
- Hiring Domestic Help
- Departure Checklist
- Birth Registration in Oman
- Emergency
- Children's Activities in Muscat

For copies please contact Outpost or pop into the office.

Welcome Services Team

If you are a new arrival, and on an accompanied basis, a member of our Welcome Services Team will contact your spouse to offer assistance with settling in.

Outpost Muscat

Ras Al Hamra Street, PDO Camp
Apartment 149, Flat G 005
(+968) 246 58640 / 93688739

outpostmuscat@pdo.co.om

www.globaloutpostservices.com



OutpostMuscat

Office hours: Sun, Tue, Thu
8.15-11.00

Appointments outside of these
times are available on request.



Career and Development (C&D) for Spouses

We offer C&D assistance to spouses who would like to work or undertake some further studies. Call us for CV advice and information on study options. We have a specific Facebook page for those looking for work or volunteering opportunities. New postings are listed here. **Sign up to the Outpost Muscat C&D Facebook page.**

Communication & Newsletters

Please join our email distribution list so that we can notify you of our events and send you our newsletter. To join, please send an email to us on outpostmuscat@pdo.co.om
Newsletters can also be accessed online.

Outpost Muscat website

Lots of information, including our Inside Guide and Key Documents are available on our new website <http://muscat.globaloutpostservices.com>

To access all information, registration is required. Registration is possible with a PDO email address and computer-ID.

Office hours: Sun, Tue, Thu

Facebook

Outpost Muscat is now on Facebook. Join our closed group of over 500 people today to see all our events and share information about life in Muscat!

Holiday Season Office Closure – December

During the Holiday Season (20th Dec to 5th Jan), the Outpost Office will only open on Tuesday 22nd Dec and 29th Dec (9.30-11.30 a.m.). The Office opening hours will resume as normal on 5th January.

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RAS AL HAMRA RECREATION CENTRE



Bridge Section



Bridge Tournament

Saturday 16th Jan 2016

Venue RAHRC Palm Room

Time 8:30 am to 12:30 pm

(Registration 8:00 am)

Contact

Margaret Doorley - O'Sullivan

GSM: 93922894

Email: margaretosullivan2010@gmail.com

The **Hispanic Section** continues to be very busy and active organizing successful events.

Christmas brunch:

On 8th December the Hispanic Section organized a Christmas brunch for the ladies members and friends of the Hispanic community. The buffet included delicious traditional Christmas dishes like typical Venezuelan “hallacas” (corn flour dough stuffed with chicken), “pan de jamon” (bread stuffed with ham), turkey, salads and cakes. All the ladies who attend this brunch had a great time and enjoyed the food and the welcoming atmosphere. This brunch marked for many the beginning of the Christmas festivities.

1st Roller Skating Party for children:



Roller skating parties started to be celebrated by the Venezuelan people during Christmas season in the 50's, a tradition that continued until the 90's. Families and friends with their children use to go out to the streets to celebrate parties with traditional music, decorative lights, typical local food and practice roller skating.



On 12th December the Hispanic Section held the 1st Roller Skating Party for children on the Volleyball court in a way to recreate that festive atmosphere and share it with members and non-members of

the RAHRC. The decoration utilized for this event was majority done using recycle materials, this in line with the Section's Mission and Values.

All the children enjoyed roller skating on the marked “streets”, playing the games available for them and dancing. The kids also enjoyed Happy Meals provided by the main sponsor of this event, McDonald's Oman. Live music played by the band Sabor Latino and Zumba dance for children were also part of the event.



2016 will be a very busy year for the Hispanic Section as more events are being planned already!!!... and we are always looking for volunteers for these events.

Merry Christmas to those who celebrate it and safe travel to everyone who is travelling during this time of the year.

Check our website <http://www.hispanic-section.com> or send us an e-mail at hispanicsection@gmail.com to know more about us.

Kayak Section update

On 27th November, a number of the kayakers and surfskiers took part in the 'Paddle the Rock' event, despite challenging weather conditions. This was not a RAHC organised event but was part of an external series of surf ski races, with a large number of participants coming from Dubai for the event. You can see the pictures on the facebook page: <https://www.facebook.com/events/1588280858103067>. The number of surf skiers in the RAHC kayak section continues to grow, so if you are interested in joining in with this exciting sport please get in touch.



On 4th December, in perfect weather conditions, three experienced kayakers set out from the beach near Kalbuh park (Muttrah) to test out the practicality of following this beautiful stretch of coastline south to the Shangri-La hotel. After passing the first headland we went around the outside of Jazirat Island (so as not to kayak too close to the Palace) but did get a fantastic view of Al Jalaili fort. Shortly after that, we pulled into Cemetery Bay and visited both of the cemeteries.

After paying our respects, we continued along the coast to pass the Capital Yacht Club and then made a quick tour of the Marina Bandar al Rowdha to admire some of the spectacular yachts moored there.

The next sighting was the Al Bustan Palace hotel, which looks very impressive from the sea. After that the route was more exposed as we kayaked round some prominent rocky headlands until we could stop at a beautiful sandy beach through a rocky arch just past Qantab, where we rested and enjoyed our packed lunch.



The final run from Qantab to the Shangri La is the most beautiful stretch, with turquoise water and golden cliffs and beaches. We followed the meandering coastline through the Bandar Jissah area, before taking another rest-stop on a small beach opposite the Oman Dive Centre and finishing off the rest of our lunch.

From there it was a short stretch through the famous Shangri-La archway to the beach. We had discussed in advance with the Shangri-La management and they were most helpful in allowing us to land the kayaks there. Our families joined us at the hotel for a celebratory dinner (and brought our dry clothes).

The total distance paddled was a little over 20km and, including all the stops and sight-seeing, the journey time was approximately 4 ½ hours.



It is a trip for experienced kayakers only as some of the route is quite exposed and the sea can be rough. If you would be interested in joining an organized paddle of this trip, please contact Paul on Paul.PS.Sanders@pdo.co.om

With special thanks to the management of the Shangri-La hotel for their hospitality and kind permission to arrive by kayak.



The Oh Man! Adventure Group meets next on 23rd January 2016, 3pm at the Boat Club room behind the bar. All non working males spouses are welcome.

Come and join the planning of forthcoming events and sign up for our adventures. Previous successful events include, Off Road trips, Fishing, Hiking, Snorkelling, a trip to the Damaniyat Islands, and watching an international World Cup qualifier football match.

Come and join us and help plan our adventures. Contact Graham Speller, grahamspeller@aol.com or Robert Velberg, pj.velberg@gmail.com

Hope to see you soon.

Canadian Section

December has been a quiet month with the committee with the highlights primarily being around the planning of the Calgary Stampede party in March. The Stampede organizing committee has been working hard to ensure this years event offers the fun and Canadian experience that it always does, but are also trying to offer a couple new things as well.

We are still considering a few new events for the 2016 that include a pancake breakfast at the club and a social mixer in the fall. If anyone is interested in volunteering for either activity, or has passion to arrange another event please let us know as we are always open to new ideas.

I am sure that everyone is getting excited as the holidays approach, I want to pass on best wishes and safe travels to all on behalf of the committee.

Merry Christmas and a Happy New Year,

Murray Mulrooney



December 2015 bulletin



- Xtreme Wahiba Challenge
 - Family Trip to the Dunes
 - ORAC Prize
- Finland Osteopathy Offer
 - ORAC Event Calendar

Extreme Wahiba Challenge 2016



6th **EXTREME** Wahiba Challenge 29 – 30 January 2016



A proven test of endurance of both man and machine, through the challenging and remote areas of the Southern Eastern Sharqiyah Sands. **Not for the faint hearted!**



CONDITIONS

Minimum of 3 team members including Captain, must be 2 times veterans of 2012 to 2015 Wahiba Challenges. The remaining three, must be veterans of one of them.

Only short wheel base vehicles will be permitted.

Team size: 4 or 5 cars (with 2 spare seats)

1 winch and at least 2 kinetic ropes per team mandatory

We recommend vehicles are modified (lifts and bigger tyres) and that participants have some mechanical knowledge

Registration cost :
omr10/participant (must be over 18).

Designed so that you can reach home in Muscat by dusk on the Saturday

Only 10 teams allowed on first come , first serve basis .
Registration will open 8th December 2016

More updates will be placed on ORAC website:

rahorac.ieeprs.com

For more info, if not on it already, get yourself on ORAC mail list. Contact oracsecretary@gmail.com

It's back!

By popular demand from all the local vehicle repair workshops in Oman....

Family Desert Trip



ORAC organized a family-oriented desert trip on 11 December. 15 participating cars showed up bright and early outside the Al Areesh camp, plus four cars from ORAC. At that early hour it was actually quite cold as we were attaching our sand flags and letting down tyres, but fortunately it soon warmed up.

After a safety briefing, we split into three teams - each led by an ORAC volunteer - and set out into the big red dunes surrounding Al Areesh. Each of the teams was very enthusiastic and soon got the hang of the convoy rules. I think we all learned several new ways of recovering stuck vehicles, and also noted great discrepancies in the readings from different tyre-pressure gauges: **our team was very impressed by the difference that 10psi makes...** Our team spent quite some time in the morning recovering one of **the cars from a soft hole they'd accidentally driven into and, once** it had been extricated, elected to have our lunch down in the valley rather than up in the dunes with the other two teams. After lunch we went back into the big dunes and made our way gradually back towards Al Areesh where all the teams met up again around 3pm.

Some participants then went off camping while the rest of us made our way back home. It was a tiring day, but we had fun and greatly enjoyed the scenery and the company.

I understand that the other two teams also had a smooth and enjoyable day, negotiating the east west ridges as well as gently rolling on the dune tops north-south

Family Desert Trip



RAHRC Sports Club Award



Well done to the ORAC Committee and to those who support and participate in our events, this award is for all of you.....



ORAC & RAMY 4X4 OFFER

Don't
Forget.....

ORAC have a continuing relationship with Ramy 4x4. They are keen to get an idea of the general needs of the members of ORAC so they can ensure they are properly stocked. If you would like to give them any info/feedback about that, feel free to do so.

Log onto their web site at <http://www.ramy4x4.com/>
Then under the heading contact you have the option to leave them a message.

Don't forget to mention that you are a member of ORAC Oman.

Please do not send feedback about needs and requirements to us. *Although of course we are interested, our refusal to respond to your needs may offend!!!*

ORAC MEMBERS' OFFER

10% Discount for ORAC members

Wahiba Challenge done?

Feeling a bit worse for wear?

Not moving so smoothly?

Creaking sounds, here and there?

No, we don't mean your Jeep.....
we mean YOU!

The Finland Osteopathy Clinic are offering *ORAC members and their families a 10% discount* on their services.

This offer lasts from 15th November (the day after the Challenge) up until 31st December 2015.

To make use of this offer, take with you to the clinic a print out of either the email or the ORAC bulletin containing this ad.

Finland request that you book any appointments with them in advance. This offer cannot be combined with any other deal or offer.



Finland Osteopathy Clinic LLC

العيادة الفنلندية لتقويم العظام والمفاصل

Spine & Joints Specialists

24481831 | 95202930

www.osteopathy-oman.com

Who are the Finland Osteopathy Clinic? Here's how they describe themselves:

We are the most prestigious clinic in the whole of Muscat for Osteopaths, Physiotherapists and Medical Strengthening Therapy. We have been successful since 2005 and are continuously developing as a clinic, starting with only one doctor and growing to a team of doctors and professionals. Together we have a combined experience of over 50 years of treating patients of all ages to better their health and healing process throughout life.

Our clinic is specialised in treating all kinds of joint and soft tissue problems i.e functional problems in your musculoskeletal system. We are large enough to serve your needs but we are small enough to retain our personal commitment to excellent individualized medical care.

Offer Now On

ORAC Member Registration

To improve the way we manage our club, organize trips and to better serve our current members we will be introducing an online membership form.

As mentioned previously, it will require all current members and any new comers to register on line.

We will send a number of email reminders in due course to make sue we capture all of you who want to remain as members.

We don't want you to miss out....!



ORAC Web Site



Several times a month... 2 hours and these pro... ing.

... aspects of your vehicle that can... in the sand, they also cover equipment... driving techniques and recovery techniques.

... booking is required for these talks and a 'seat' will be on a first come first served basis. Theory sessions are advertised here on the website, circulated by email to all club members as well as being displayed on posters around the Ras Al Hamra Club and as screen savers within PDO.

Talks will start on 9th March 2015.

As previous they will be held in the Oil and Gas Exhibition Centre and start at 7pm.

The talk last about 2 hours and no booking is required. Seating is on a first come first served basis.

- A web based outline for the talk can be downloaded here jeeprs.com.
- A printable copy can be found at this link - [PDF Training notes](#).

<http://rahorac.jeeprs.com/>

Under the training section you will find a couple of useful links giving guidance on sand driving, what to take on a trip, how your car works etc.....

tap
tap



You can feedback any suggestions to the club secretary who will forward to Ray our Training Advisor and Site Administrator

ORAC Event Calendar 2016

2016

- 28 January -6th Extreme Wahiba Challenge 2016 evening meet.
- 29-30 January - 6th Extreme Wahiba Challenge 2016 crossing.
- 1 Feb Theory evening.
- 14 Feb Potential 2nd theory evening.
- 26-27 February – Star Dunes Desert Crossing
- 18/19 March Practical training.
- 15/16 April Mountain trip.
- 18 and 19 September Theory evenings.
- 7/8 October Practical training
- 14/15 October Practical training
- 11/12 November WC16
- 20 November WC After Party
- 3 December Family trip

Other mountain and wadi events, not listed here, may take place over the next few months. Please look out for our notices on the Web Site, open and read our emails/bulletins when they arrive.

BASKET BALL SECTION















Key highlights from RAHRC Badminton Section (Dec-15)

- Badminton section committee meeting held and preparation works for the forthcoming 'Family Fun Tournament' discussed. Guidelines for the tournament have been finalized.
- Fourth batch of Badminton Coaching commenced for kids from 12-Dec-15 and will continue for 8 sessions on Saturdays.



Badminton Coaching for Children – Participants of fourth batch

RAS AL HAMRA SUB AQUA CLUB

BSAC BRANCH 1299S

Dive Section Monthly Bulletin December 2015



Contact Us

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Ian Ford

ian.ford100@hotmail.co.uk

Secretary:

Peter Bedson, 96017044

Peterz.bedson@gmail.com

Treasurer:

Robert Langedijk, 92797189

langedijk@xtra.co.nz

Diving Officer:

Evert Moes

evert.moes@gmail.com

ALL DIVERS WELCOME

Make new friends with
RAHSAC!!

Join us exploring Oman underwater. We are a very friendly and active section of the Ras Al Hamra Recreation Club with around 90 members... We dive every week-end so why not join us for world-class diving on your door step? [More ►►](#)

COME AND MEET US AT OUR REGULAR WEDNESDAY
PLANNING MEETING IN THE BOAT CLUB BAR AT 8.00PM

Already a Diver?

If you are already an Open Water Diver—no matter which organisation your qualification is with (PADI, SSI, NAUI etc.)—you can simply come and dive with us. You won't need to do any more training but there are lots of opportunities to “cross over” to BSAC and gain further skills and qualifications if you want. Contact our Membership Secretary—Jane Alcock (97473787) - or come along to our weekly planning meeting on a Wednesday evening to find out more.

If you have not dived for a while we are running some “back in the water” sessions—see the article in this bulletin for details.

Want to Learn to Dive?

We are not currently planning a beginner course so if you are keen to get started sooner you can train with one of the commercial dive schools and then join us once you have qualified. Either way, call in on one of our regular Wednesday meetings to get the low-down from our Training Officer—Louis Tsiakkiros. [More ►►](#)

RAS AL HAMRA SUB
AQUA CLUB
BSAC BRANCH 1299S

Check out our website & forum

[http://diving.pdorc.com/
index.php](http://diving.pdorc.com/index.php)

Join Us On Facebook

[https://www.facebook.com/
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Join Us On Facebook



[https://www.facebook.com/
RAHSAC?fref=ts](https://www.facebook.com/RAHSAC?fref=ts)

December News

RAHSAC Appreciated

At this year's Club Annual General Meeting the main Club Committee presented RAHSAC with a shield marking their appreciation of the efforts made by the Dive Section in searching for the missing freediver off Fahal Island. Sadly, the search was ultimately unsuccessful although the Club assisted in the rescue of another diver who had an extremely fast ascent from considerable depth. The body of the missing diver was recovered several days later.

Back In The Water

As announced in last month's News, we organized the first of our planned "Get Back in the Water" training events in December. 10 qualified divers who have not dived for a while attended a skills refresher session in the Pool and 3 of them then went on to make their first dives with the Club the following week-end. The announcement of the course created a huge amount of interest in the wider club commu-

[More >>](#)

Training News

The second batch of Sports Divers started training in September – watch this bulletin and the website for more announcements.

As reported elsewhere we ran an Oxygen Administration Skill Development Course in November and we are looking at ways of getting a special AED course run early in the New Year—keep an eye out for announcements in the next months.



We are also running "Get Back in the Water" sessions for qualified divers—we had more than 50 responses to the email in less than 3 hours!

[More >>](#)

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[index.php](#)

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[https://www.facebook.com/](https://www.facebook.com/RAHSAC?fref=ts)

[RAHSAC?fref=ts](#)



nity with over 50 email responses in the first 3 hours! We will be holding further sessions in the New Year so it is not too late to sign up for one of these.



Many thanks to the 7 instructors who generously gave their time to run the sessions—remember they are doing this for fun!

Training News—Continued...

All this is likely to keep our instructors extremely busy until later in the year but if you are interested in training—either as an Ocean Diver or to extend your diving skills and experience call in on one of our regular Wednesday meetings to get the low-down from our Training Officer—Louis Tsiakkiros.



[More ▶▶](#)

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Skill Development Courses



We took the opportunity to run an Oxygen Administration course in November. Oxygen is the divers primary first aid kit go to in the event of problems such as suspected decompression illness (DCI), barotraumas and shock and we take oxygen kits with us on every boat dive. So the more divers qualified to admin-

ister oxygen the better—the course was attended by a number of our more experienced divers who are either working towards dive leading qualifications or who wanted to get some refresher training.

Many thanks to everyone who took part—particularly to Louis and Evert who ran the course.



Recent Dive Reports

The weather has cooled off but we are still managing to get out diving regularly as these reports show:

26 September

Final day of Eid holiday diving today. Thank you marshal Alan M for trip to BK. One dive in Mermaid Bay and one dive on Gerard's Seahorse... The weather has been good to us this holiday and we have been to a few different sites...

3 October

Feeling a little crabby at Fahal today. (Mainly because daddy grouper stood me up!)

8 October

Great night dive and BBQ at PDO beach. Thank you to Jane F for bagging BBQ, Alan H for creating the fire, Paulo for the photos and everyone else for joining in

10 October

Relatively quiet day's diving yesterday, with a slight current on later on and only 1 ray and 1 turtle spotted. Still, a nice day's diving!

11 October

Congratulations to Judith on her first Open Water dive with RAHSAC. You were diving with our diving officer - he is the best you know !! Nice shot of proud Mum alongside on your safety stop. The cuttle fish antics were after the small adults left Another great day out with the all inclusive RAHSAC - [More >>](#)

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Expeditions News

We plan a trip to Mussandam around the 24th March. We will be chartering a liveaboard Dhow for the club which will give us the chance to dive some of the more remote dive sites. If you are interested in joining please email Wim our Expeditions Officer to get details (wrvranckx@yahoo.com).



[More >>](#)

Recent Dive Reports Continued...

nice one & thanks to the marshall for organising (Evert).

16 October

Making the most of the extra day off.... Lovely dives yesterday on Shallow Reef and Eastside... Including the cave... Which we don't seem to have done for ages. Great dives in Ray bay and Hamburger.... And a 500 dive milestone for Alan M... Well done.

23 October

Perfect day at the Dymaniats Islands. Can't complain about the "poor" visibility at Aquarium of only 25 meter, the turtles and loads of fish. We visited the Leopard Shark, s/he must be annoyed by now of all those divers with their cameras

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Compressor Woes

As reported last month, the Bauer compressor now seems to have reached the end of its service life and will shortly need to be replaced. We had hoped that the repairs completed would allow it to continue in service for a few months but it is still behaving erratically. We are urgently looking at a more permanent fix but please be patient in the interim if filling tanks takes a bit longer than usual at the moment.

Many thanks to Alan our Compressor Officer and Evert our Diving Officer for all their hard work wrestling with the Bauer unit over the last couple of months.



Judith on her first Open Water dive with RAHSAC



Ras Al Hamra Sub-Aqua Club

BSAC Special branch 1299

MUSANDAM DHOW TRIP

March 2016



3 Day Liveboard Trip – Start/Finish At Dibba, full catering, AC Cabins

Wall Diving In The Fjords!!!! (AOW/SD Minimum Qualification)

For more details register your interest ASAP by email to Wim - wrvrnckx@yahoo.com

Personal Development Network

Working together to achieve our ambitions.



Session hours: Sundays & Tuesdays mornings

From 8:15, usually we stay until around noon.

No need to register, just join. Open to all!

Temporary meeting location

Public Knowledge Library opposite Shell fuel station near PDO gate 2 (wifi available). Hoping to move back to RAHRC soon.

Contact us

personaldevelopmentnetw@gmail.com

facebook.com/personaldevelopmentnet

We are...

a group of adults working on their personal development through (online) studies, blogging, learning a language, research, job search, etc.

Our aim...

is to encourage members to and to provide facilities for studying and (net)working in the context of personal and professional development.

Our sessions...

are open to all club members, who bring their own laptop, books or whatever they need. Participants work independently, on any level, in any language. With a break for coffee and a chat.

We also...

- Organize workshops
- Support & motivate each other
- Have fun events
- Are open to new initiatives

Top Ten Videos

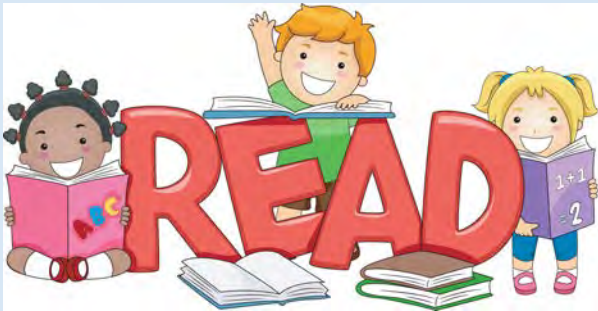
No	TITLE	CATEGORY	CAST 1	CAST 2
1	INSIDE OUT	CARTOON	V/O - AMY POEHLER	V/O - BILL HADER
2	ANT-MAN	ACT./ADV.	PAULL RUDD	MICHAEL DOUGLAS
3	TERMINATOR - GENISYS	ACTION	ARNOLD SCHWARZENEGGER	JASON CLARKE
4	SON OF GUN	CRI./ACT.	EWAN MCGREGOR	BRENDAN KERKVLIT
5	SPOOKS - THE GREATER GOOD	ACT./THR.	MICHAEL WILDMAN	TUPPENCE MIDDLETON
6	TED - 2	COMEDY	MARK WAHLBERG	SETH MCFARLANE
7	MINIONS	CARTOON	V/O - SANDRA BULLOCK	V/O - JON HAMM
8	FANTASTIC 4 (2015)	ACT./ADV.	MILES TELLER	KATE MARA
9	THOMAS & FRIENDS - THE CHRISTMAS ENGINES	CARTOON	V/O - MARK MORAGHAN	V/O - DAVID BEDELLA
10	BARBIE & HER SISTERS IN THE GREAT PUPPY ADVENTURE	CARTOON	V/O - ALYSSYA SWALES	V/O - CHELSEA MILLER

<i>Sundays:</i>	<i>3pm</i>	<i>-</i>	<i>7:30 pm</i>
<i>Mondays:</i>	<i>8:30am</i>	<i>-</i>	<i>6:30pm</i>
<i>Wednesdays:</i>	<i>8:30am</i>	<i>-</i>	<i>7:00pm</i>
<i>Thursday</i>	<i>5pm</i>	<i>-</i>	<i>7pm</i>

New Hours



RAHRC LIBRARY NEWS



RAHRC Library

Children's Book Reading by our librarian.

English – Sunday

6:30 pm to 7:00 pm

Dutch – Monday

5:30pm to 6pm

Arabic – Wednesday

10:30 am to 11:00 am.



Book Club 19th January.

Meet at the boat club at 11:30am. This months book is All the Light we Cannot See by Anthony Doerr.

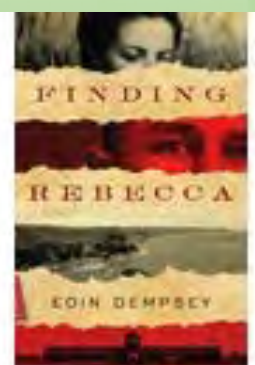
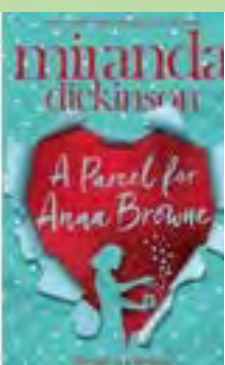
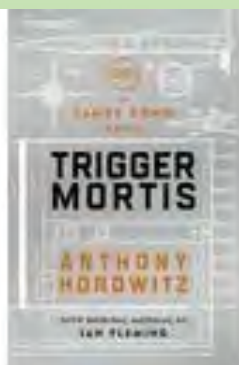
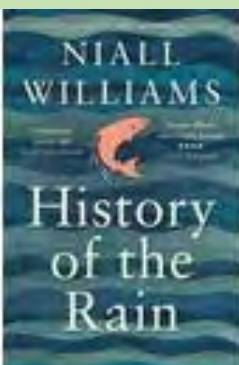
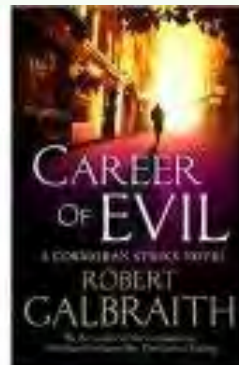
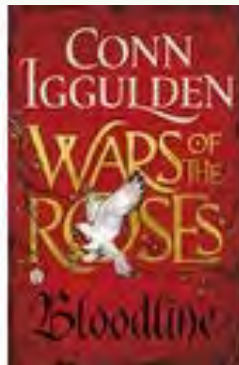
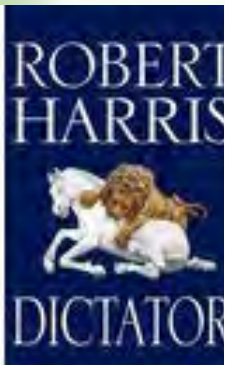


New Adult and Children's books are available.

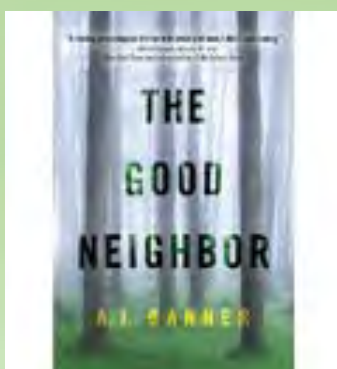
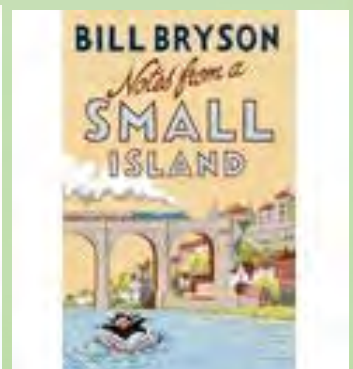
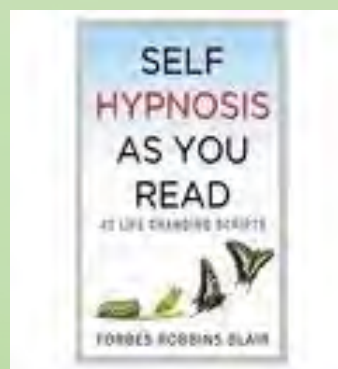
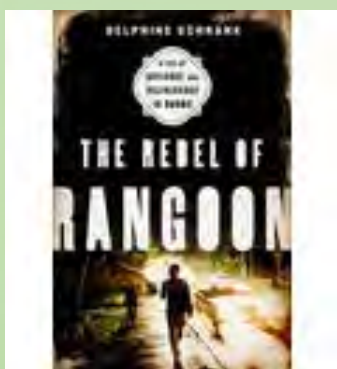
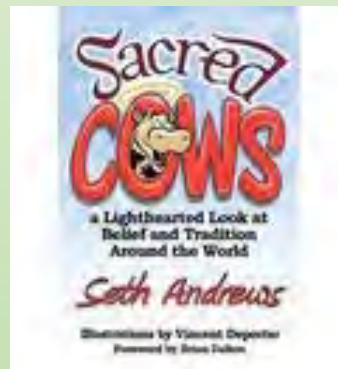
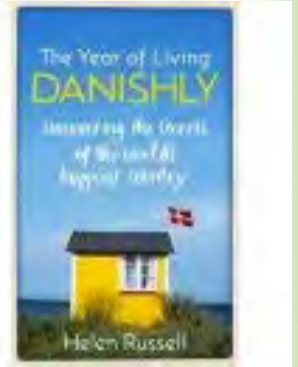
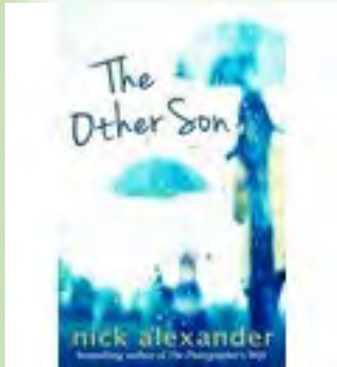


Closed from December 20th & re-open January 10th. Books can be borrowed, to read over the break.

RAHRC LIBRARY NEW BOOKS



RAHRC LIBRARY NEW BOOKS





LIBRARY BOOK CLUB!

- Please join us at **11.30 at the Boat Club** usually every third Tuesday of the month to enjoy discussing new books.
- Our goal is to build a community of readers of good literature connected to the PDO library.
- On **January 19** the book will be ***All the Light We Cannot See* by Anthony Doerr.**
- On February 16 the book is *Go Set a Watchman* by Harper Lee
- March 15 – *In the Sea there are Crocodiles* by Fabio Geda
- April 19 – *History of Loneliness* by John Boyne
- May 17 – *Circling the Sun* by Paula McLaine
- Please just come along, even if you have not read the book.
- Bring lunch or order from the Boat Club.

We look forward to seeing you then!

RAHRC LIBRARY

CHILDREN'S BOOK READING IN ARABIC

RAHRC Library needs an Arabic speaker to read aloud children's books on Wednesday afternoon or evening.

If you are interested in volunteering your time, please contact the library.

You would need to turn up each week, on time, to read.

Thank You