



# **THE RAHRC**

## **BULLETIN DECEMBER 2016**

**RAS AL HAMRA RECREATION CENTRE**

### *Shimmer & Glimmer*

*Little Chino Band*

*DJ Choz*

*Age: 21+*

*Dress Code: Gold, Formal*

*31<sup>st</sup> December 2016*

*19:30 till late*

*RAHRC - Courtyard*

*RO 26/- Members*

*R.O. 28/- Guests*

*Incl. Dinner*

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## Main Committee Message



Firstly may I take this opportunity to thank the outgoing Vice President Bert Michels who left his post at the November AGM, Bert has worked tirelessly with the committee and club management throughout his service improving the club in all aspects and he has left very big boots for me to fill. It is also great to welcome Jorn and Paul onto the committee as Community and Sports secretaries I am sure you will all support them in their new roles.

We have been busy with club improvements through the last few months with introduction of new club management software, delivery of new safety boats, the opening of the new car park and the installation of the WIFI. These small improvements allow the easier management of the club, ensure the safety of our members and provide and enhanced experience.

The RAHADS delivered another fantastic performance in the Snow White and the seven Dwarfs which was watched and enjoyed by many and another spectacular New Years Party is planned by the events team which I am sure will be another huge success.

For those who are celebrating Christmas I wish you seasons greetings on behalf of the committee and staff and an Happy New Year to one and all.

Best wishes

On behalf of the main committee  
Iain Liversage  
Vice President/RAH Project Liason

# KAYAK

## S E C T I O N



### Shatti Beach Surf 'n Play

The wind and wave conditions during the public holiday in early December did not allow for a long day trip but were ideal for a short surf and play session at Shatti beach. With warm water temperatures and only a little wind, we could fully concentrate on the art of mastering the waves, although a few times we found ourselves outmanoeuvred by the joyful seas, and were driven back onto the beach lock stock and barrel.



### Suwadi Day Trip

A team of four paddlers met up at the club early Friday 16 December for a paddle around the Suwadi islands, just past Barka. The weather forecast was good. Suwadi offers interesting paddling with a handful of rocky islands strewn along the Batinah coast line. This is quite remarkable, as the coastal plain is as flat as a pancake.

# KAYAK SECTION



The islands are relatively close to shore, and are ideal objects for paddling exploration given their interesting shapes and forms. The biggest island has a recently built but abandoned tower on its top, from which we were able to see the Dimaniyat islands on the horizon faintly in the haze, about 20 km away. A fantastic day !

*This trip was planned for experienced and capable kayakers and should not be attempted by inexperienced paddlers.*

## Thursday After Work Paddle

If you wish to increase your paddling confidence, why not join us on Thursday afternoons - this is where you make new friends, gain experience and where the paddling plans are made!.

These regular Thursday late afternoon paddles depart from the club beach. Meet at the kayak storage area. The departure time varies throughout the year according to sunset time. Contact Kayak Section for weekly e-mail notice and further information.

## Kayak and SUP Board Storage

All craft stored at the club must be registered. To register your craft to use the storage racks, please contact Richard ([richardhallett@me.com](mailto:richardhallett@me.com))

The rules for use of the racks are as follows:

Craft are stored at the owners risk and neither the club nor individuals will be held responsible for damage or loss.

Maximum of 3 craft per family

All craft must be in regular use (average once per month).

Users must obey RAHBC rules (e.g. use of lifejackets, carry mobile phone, etc.).

## Kayak Section Sub-Committee

A new kayak section sub-committee of the RAH Boat Club has been established. The representatives are:-

Richard - Chair ([richardhallett@me.com](mailto:richardhallett@me.com))

Jan - Secretary  
([johannes.js.stammeijer@pdo.co.om](mailto:johannes.js.stammeijer@pdo.co.om))

Peter - Treasurer ([pjharrison@gmail.com](mailto:pjharrison@gmail.com))



3... 2... 1... BLAST OFF !!!



THE 2017 KINDERFEEST WILL BE HELD ON SATURDAY, THE 4TH OF FEBRUARY, 1-5PM.  
THE ORGANISING COMMITTEE IS LOOKING FOR VOLUNTEERS WHO WOULD LIKE TO HELP  
MAKING THIS YEAR'S "KINDERFEEST" A SUPER NOVA SUCCESS: ARE YOU INTERESTED IN  
COORDINATING ONE OF THE MANY GAMES, SPEND AN HOUR ON THE DAY BAKING DUTCH  
"POFFERTJES" OR WOULD YOU LIKE TO HELP WITH THE MERRY-GO-ROUND? THERE ARE  
APPROXIMATELY 30 DIFFERENT GAMES FOR YOU TO CHOOSE FROM, OR TO COMBINE!

FOR ENQUIRIES OR REGISTRATION, PLEASE SEND AN EMAIL TO:

[KINDERFEEST2017@GMAIL.COM](mailto:KINDERFEEST2017@GMAIL.COM).

GREETINGS FROM "OUT OF SPACE!",

KINDERFEEST COMMITTEE 2017:

ERWIN, HANNA, BRAM, CECIEL, MATHIEU AND EVA



# The Oh Man! Adventure Group

Graham Speller: [grahamspeller@me.com](mailto:grahamspeller@me.com) 95378251  
Robert Velberg [pj.velberg@gmail.com](mailto:pj.velberg@gmail.com) 920423592  
Steven Moerman [moerman.steven@gmail.com](mailto:moerman.steven@gmail.com) 91732403

## Notes from our meeting held 05 12 2016

**In attendance:** Graham Speller, Robert Velberg, Ingmar Jensen, Kevin Harling, Noel Hinchliff, Joud Halibi, Chris Rusnak, Steve Hendry, George, Johan van Waveren

**Welcome:** Everyone was welcomed to the meeting and new member Noel Hinchliff was introduced to the group.

**Apologies:** Steven Moremann and Hil Van Der Waal

**Information:** Everyone congratulated Robert Velberg on his recent award as RAHRC Member of the Year Award and added their congratulations for his sterling efforts for the club and its members.

**Budget:** The group has received a generous grant of 650 OMR from RAHRC and members are invited to submit proposals for spending to support our programme of events detailed below. Steven Moerman, our treasurer will arrange for reimbursement of agreed expenditure.

**Future Arrangements:** Graham and Robert explained that in the future it is possible we could welcome some Omani men to our group. This idea was warmly received by everyone and we look forward to welcoming new members in due course.

**Joint Outpost Trip:** This has been arranged for Wednesday 8th February. It will go to the village of Waken and view the hanging gardens. Further details of the trip are available from Steve Hendry. If you would like to go please be prepared to car share. You must register with the Outpost Office for a place. Places are limited.

**Boat Trip:** This event will take place on Monday 9th January. Start at 9:00am. We will use one of the day boats part owned by our group. We will travel to al Fahal Island which we can see from the Boat Club. We will have the chance to snorkel and swim off the coast of the island before returning to the club. Places are limited to 12 persons. Please register with Robert.

**Fishing Trip:** Monday 23rd January 9:00 am We will use our part owned boat to venture into the seas around al Fahal Island looking for fish. Up to 8 rods are available. Please book with Robert to secure your place.

**Boat Training:** Our group part own one of the day boats and members are welcome to use the craft during the week. At weekends other sections have priority. In order to use a day boat you need a certificate of competence which is issued after successfully completing a course run by Robert. The next course is due to take place in early 2017. Please contact Robert to register a place and you will be informed of details once they are known and confirmed.

**Camel Racing:** Through the kind offices of Khaild, the President of RAHRC we are now in touch with a colleague who has access to the details of camel racing. He will let Graham know the details when known. Graham will inform members via the usual communication channels to make arrangements for our group to attend. Watch this space!

**Hoota Caves:** It is proposed to visit Hoota Caves. Joud is intending to visit shortly and report back on suggested arrangements for our group. Monday 13th February is now set as a provisional date. Please let Joud know if you would like to visit the caves and he will confirm arrangements in due course.

**Family Evening BBQ:** Ingmar has kindly offered to host this event. The venue will either be at his home or at a BBQ station on the beach. Ingmar will confirm in due course. The date is Thursday 2nd March. Put the date in your diary and bring the whole family for a relaxed evening of fine conversation and dining. Please inform Ingmar of your intention to attend and the number of persons in your party for catering purposes.

**Photography Event:** This will take place on Tuesday 14th February and will feature the sunset at Muttrah Harbour. On this day the sun sets at 18:00 hours and the ship MSC Fantasia is due to leave port at 18:00. This is a potential opportunity for some wonderful photographs. Please contact Graham to register your interest.

Other themes that could be used are Flowers in Qurum Park and Beach Life. No dates are set for these last two events but if you have any interest please contact Graham.

**Bowling and a meal at the Turkish Restaurant.** This will take place on Sunday 5th March. We will swing a few balls down the lanes and afterwards head for the local and highly recommended Turkish restaurant for a supper with fine conversation and food. Contact Steve Hendry for details.

**Street Food at the Mumtaz Mahal.** This Indian restaurant serves fine food and is highly recommended. It is proposed we sample their set menu on Tuesday 21st March. Please register your interest with Ingmar and confirm numbers in your party.



**Wadi trips.** No dates were set for wadi trips but it was agreed these trips can be arranged as the weeks unfold. If you would like to explore some of the beauty that is Oman, get onto What's App and see who would like to join you. Open to all members. Beauty has an address.....Oman. Let's go a find it.

**Date of the next meeting:** Sunday 2nd April. 10:00 am at the Boat Club.

**Contact with other Oh Man! Adventure Group members.** Please use the email address attached to this newsletter.





Christmas  
at  
the  
Arts Centre







# Basic Jewelry

at the Arts Centre

Sundays 10.00-11.30

registration: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)



instructor: **Tariq Albulushi**

course materials fee applicable

**the Art of Recycling for children**  
**at the Arts Centre**

Sundays 16.30-17.30

registration: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)

instructor: [emillan2@xtec.cat](mailto:emillan2@xtec.cat)



small course materials fee applicable



# English

for beginners

Mondays 16.00-17.30

at the Arts Centre

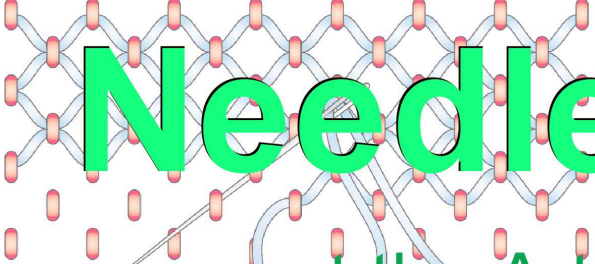
registration: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)

instructor: [t\\_moore72@hotmail.com](mailto:t_moore72@hotmail.com)

small course materials fee applicable

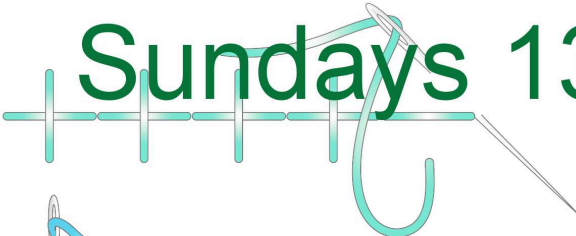
# Christmas preparations at the Arts Centre



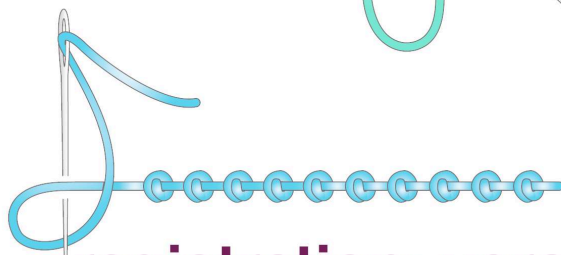
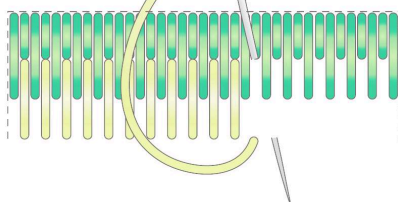


# Needlepoint

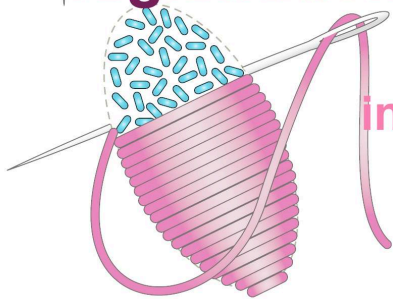
at the Arts Centre



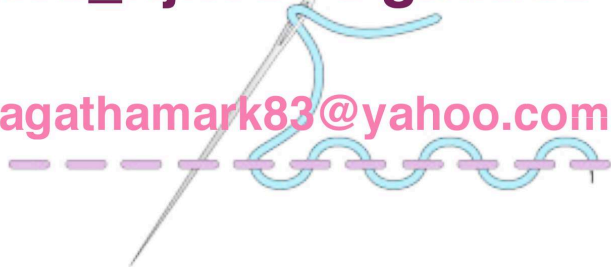
Sundays 13.00-15.00



registration: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)



info: [agathamark83@yahoo.com](mailto:agathamark83@yahoo.com)





# Arabic

for beginners

at the Arts Centre

Thursdays 13.00-14.30

register: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)

info: [nadinedannan@windowslive.com](mailto:nadinedannan@windowslive.com)

small course materials fee applicable





# WIRE SCULPTURE

at the Arts Centre

Thursdays 16.00-18.00

register: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)

instructor: [sarra.arriane@gmail.com](mailto:sarra.arriane@gmail.com)

small course material fee applicable

# fabric painting

Tuesdays 9.00 - 11.00

at the Arts Centre

registration: [vera\\_rijnvos@gmx.de](mailto:vera_rijnvos@gmx.de)

info: [ms.sk98@gmail.com](mailto:ms.sk98@gmail.com)

small course material fee applicable



*Wishing You Happy Holidays and a  
Prosperous New Year from Your Friends at  
RAH Fitness Center*





# *Ballroom Dance for Children*

*For boys and girls  
Aged 6 -14 years old*

*Saturday's Starting January 14<sup>th</sup>  
From 2:30-3:30 pm  
Inside The Old Studio*

*Learn the art of Ballroom Dance  
with former international  
competitor Ksenija*





# *BALLROOM DANCE*

Learn the art of Ballroom Dance with  
former international competitor

Ksenija

For both men and women even  
if you have no dancing  
experience

Monday's Starting January 9<sup>th</sup>  
From 6-7 pm  
Inside The Old Studio

Bring your spouse  
and make it a  
date night

Quickstep

Waltz

Rumba

Jive

Foxtrot

Paso Doble

Samba

Cha-cha-cha



# DIVE SECTION MONTHLY BULLETIN

## DECEMBER 2016

### Contact Us:

Chairman:

Ian Ford

[Ian.Ford100@hotmail.com](mailto:Ian.Ford100@hotmail.com)

Secretary:

Peter Bedson 96017044

[peterzbedson@gmail.com](mailto:peterzbedson@gmail.com)

Treasurer:

Rick Henson

[rickhenson@ymail.com](mailto:rickhenson@ymail.com)

Diving Officer:

Evert Moes

[Evert.moes@gmail.com](mailto:Evert.moes@gmail.com)

Check out our website and forum:

[www.diving.pdorc.com](http://www.diving.pdorc.com)

Join us on Facebook:

Search for RAHSAC



Join us exploring Oman underwater. We are a very friendly and active section of the Ras Al Hamra Recreation Club with around 90 members... We dive every week-end so why not join us for some world-class diving on your door step?

**COME AND MEET US AT OUR REGULAR PLANNING MEETING AT 8.00 ON WEDNESDAYS IN THE DIVE ROOM/BOAT CLUB BAR**

### ALREADY A DIVER?

If you are already an Open Water Diver – no matter which organisation your qualification is with (PADI, SSI, NAUI etc.) – you can simply come and dive with us. You won't need to do any more training but there are lots of opportunities to “cross over” to BSAC and gain further skills and qualifications if you want. Contact our Membership Secretary—Jane Alcock (97473787) - or come along to our weekly planning meeting on a Wednesday evening to find our more.

If you have not dived for a while we are running some “back in the water” sessions and there is still time to join these.

### Want to Learn to Dive?

We are not currently planning a beginner course so if you are keen to get started sooner you can train with one of the commercial dive schools and then join us once you have qualified. Either way, call in on one of our regular Wednesday meetings to get the low-down from our Training Officer—Louis Tsiakkiros.





## RAS AL HAMRA SUB AQUA CLUB BSAC BRANCH 1299s



### December News

#### Training...Training

Our training plans for the year are continuing to develop.

After the successful completion of the Dive Leader theory sessions our trainees are now going through their open water lessons and the Sports Diver course started in mid December with 5 keen students completing the theory lessons. Now for the Open Water lessons!

### Training News

Courses planned for the future include:

Gas Blending SDC

Boat Handler SDC

Speak to Louis our training officer for more details or to express an interest.

Contact Us:

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Ian Ford

[Ian.Ford100@hotmail.com](mailto:Ian.Ford100@hotmail.com)

Secretary:

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[peterzbedson@gmail.com](mailto:peterzbedson@gmail.com)

Treasurer:

Rick Henson

[rickhenson@ymail.com](mailto:rickhenson@ymail.com)

Diving Officer:

Evert Moes

[Evert.moes@gmail.com](mailto:Evert.moes@gmail.com)

Check out our website and forum:

[www.diving.pdorc.com](http://www.diving.pdorc.com)

Join us on Facebook:

Search for RAHSAC





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## RAS AL HAMRA SUB AQUA CLUB BSAC BRANCH 1299s

### Festive DFP

Many thanks to Katherine for her hard work in organising the Christmas DFP on the 7 December – with lots of festive music and traditional Christmas food!

**Happy Christmas to everyone celebrating**



### Recent Dive Reports

Lots of diving recently - as these reports show

November 8

Damaniyats dive leader course. On the face of it the best place on the planet to work with a lift bag - Damnaiyats, stunning viz, amazing marine life etc. But we took the heaviest shot we could, dropped it on a ridge at 10m (I use the word purched) with a 10m drop 1 metre away. We ask the DL to make the shot neutrally buoyant, move it around the corner onto another ledge (via the blue) into a ripping current and to keep buoyancy the whole time and of course no run away ascents. Nice one Neil and Naaman - job well done . Ready for the next test?

November 13

Lovely day out today.. a three dive day. Great to go to Shallow Reef, ages since we have been there. Then on to Ray Bay/ Tug and Eastside. Thanks Wayne for coxing and to Wayne, Alan and Peter for continuing the training of the Dive leader trainees. !

November 18

Happy National Day Dive @ shallow reef !



## November News Continued

### 35 at 35 Challenge

**35**

RAHSAC is 35 in May next year – so we are officially middle aged! The Committee is planning a number of events to celebrate this momentous occasion so watch out for news! As part of these we are planning a “35 at 35” challenge.

The aim is for the club to dive at least 35 different sites in its 35<sup>th</sup> year – we normally dive around 25 sites so this will encourage us to try and explore some new and hopefully exciting places to dive. There is however a subsidiary, individual, challenge – for divers who dive 35 sites on club dives (so holiday liveboards don’t count unless we can all come) we will issue a special, limited edition, highly exclusive commemorative T-shirt.

The challenge will run for one year – starting on 1 January – so get your thinking caps and your dive gear on!

Contact Us:

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Ian Ford

[Ian.Ford100@hotmail.com](mailto:Ian.Ford100@hotmail.com)

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Check out our website and forum:

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Join us on Facebook:

Search for RAHSAC

*3 December*

Mahoosive ray and turtle on the tug yesterday - viz not the best but some of us still managed to find it. Second dive in Hamburger very strong currents but saved by the appearance of a massive 2m+ requiem shark which was very interested in us (cold shiver moments) and a big shoal of Spanish Barracuda - sadly no pics as my camera had died on dive#1

*4 December*

Have just snorkelled with at least 10 mobula rays..... they were circling and happy. If any one wants to know where they are message me.... and I might tell you!



Ras Al Hamra Off Road Adventure Club proudly present the:

27<sup>th</sup>/28<sup>th</sup> January 2017



# 7<sup>th</sup> XTREME Wahiba Challenge



[rahorac.jeeprs.com](http://rahorac.jeeprs.com)

## CONDITIONS

- Minimum of 3 team members including Captain, must be 2 times veterans of 2012 to 2016 Wahiba Challenges. The remaining 3, must be veterans of one WC. Ideally the Captain should be a veteran of an XWC
- Only short wheel base vehicles will be permitted. (MWB & LWB vehicles with very experienced drivers may be admitted at ORAC committee discretion)
- Team size: 4 or 5 cars (with 2 spare seats)
- 1 winch and at least 2 kinetic ropes per team mandatory
- We recommend vehicles are modified (lifts and bigger tyres) and that teams should have members with good mechanical knowledge
- Registration cost: omr10/participant (must be over 18).
- Designed so that you can reach home in Muscat by dusk on the Saturday
- Only 10 teams allowed on first come, first serve basis. Registration will open **8pm 12th January 2017**. (Further instructions will be sent by email on 15th December 2016)
- If not on it already, get yourself on ORAC mail list. Contact [oracsecretary@gmail.com](mailto:oracsecretary@gmail.com)

A proven test of endurance for both man and machine, through the challenging and remote areas of the South-Eastern Sharqiya Sands.

**Not for the faint hearted!**