



THE RAHRC BULLETIN ***MARCH 2016***

THE NEWSLETTER FOR MEMBERS OF THE RAHRC

HISPANIC SECTION - RAS AL HAMRA RECREATION CENTRE

PASSPORT to *Nache Caribe*



SOHAR GARDEN

8:00 pm onwards

Members 15 OMR

Non Members 17 OMR

Dinner included

21 years old & above



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Main Committee Message



The favorite month of the year “March” with all the mega parties that took place.

We started the month 2016 with Dutch Night on 4th March. As you are aware, this is a popular event that happens every year and the organizers performed extremely above expectation. With great efforts to find sponsors for such event, the committee managed to generate OR 10,000.00 which was donated to Dar Al Atta Charity. “Well done to the Dutch committee”.

The year followed up with the biggest party at the club on the 11th of March with the Canadian Stampede. The organizing committee with the help of other volunteers, worked around the clock due to the bad weather condition and managed to create the talk of the town party. “Well done to all” (Tickets for both events were sold out).

The Reggatta event took place in the weekend and we had a pretty good turnout which resulted this to be a great event of the day. Also the weather was great which also contributed to the fun of the day. We received a great support from the club staff and the dinner was excellent.

The club also celebrated on 13th March the staff party, which was well appreciated by all staff. It was a night to remember. Thanks to the main committee.

In conclusion, many other events took place during the month including weekly fun run, Fishing Competition, Sand Driving Training and it will end with the 1st Tarrab band from Tanzania which will happen on 25th of March.

For your awareness. The club experienced some damages during the stormy weather in March 8th. Many facilities around the area were affected which was considered as dangerous for the members to be within locations. This was seen as it had significant risks to both people and the facilities. For this reason, the club management decided to close the club during that period. The club is now opened once again with refurbishment and maintenance work in progress.

We wish for our members a Safe Year and would advise not to cross Wadis and stay indoors during stormy weather avoiding flying objects.

For more information on what is happening at the Club, or an overview of activities and Club Sections including contact details, please visit our website: www.pdorc.com. If you have any comments, suggestions or feedback, please e-mail: rahrc@pdo.co.om.

On behalf of the Main Committee,
Hamood Al Shaqsi
Club Social Secretary

PDO Toastmasters First Video Conference Meeting .

PDO Toastmasters had a very impressive joint meeting between Mina Al Fahal and Fahud Toastmasters on Video conference system.

The meeting was part of the mentorship program to new Toastmasters club in Fahud. The Benefits for Mentors are as follow:-

1. Share expertise
2. Develop capacity to translate values and strategies into productive actions
3. Prove as a valuable leader
4. Obtain fresh perspectives
5. Build teamwork skills
6. Apply leadership skills in new clubs

Yahya Maimani.

PDO Toastmasters



Fitness Quarterly Bulletin (Jan – Mar) 2016

January 2016, the fitness team under the fitness section introduced yet another amazing program from Les Mills. GRIT SERIES is a range of High Intensity Interval Training which targets to improve performance, increase metabolic rate and hence enhance weight loss and improved fitness. It's recommended for those who want to take their fitness level a notch higher.

February was a busy month here at the fitness section. Over the last month we have organized and kick started the annual 8 weeks fitness and wellness challenge which saw over 50 ladies and 50 men joining the challenge respectively.

The first 4 weeks went so fast with buzzing activities n challenges for the members. We took advantage of the good weather and had outdoor sessions, which was embraced very well this time round. Now with summer approaching, the outdoors activities have reduced. There were impressive results on member's performance and fitness level at the end of the 1st 4 weeks.

We are in the second week of the last 4 weeks of the challenge and we can't help but be exited to find out who the winners will be.

The challenge is expected to end on 25th of March 2016. And the winners will be announced on 29th of March with expected awarding ceremony to be held on 31st of March.

Key highlights from RAHRC Badminton Section (Mar-16)

- Badminton section committee meeting held and preparation works for the forthcoming 'Annual Badminton Tournament 2016' discussed. Budget approval & event booking formalities are ongoing with club management
- Fifth batch of Badminton Coaching commenced for kids from 20-Feb-16 and will continue for 8 sessions on Saturdays.



Badminton Coaching for Children – Participants

RAS AL-HAMRA ASTRONOMY SECTION (RAHAS)

Background

The Astronomy section of the PDO Recreation Centre was founded in November 1996 by a small group of enthusiasts, including our recently resigned Chief Astronomer, Randall Penney (XGL/31). Initially conceived as an informal group of star gazers, the section's launch proved unexpectedly popular, filling Cinema Hall at its inaugural meeting. From then onwards there has been no turning back with the continuing popularity of its activities.

Who We Are?

Current Committee Members:

Chairman/Chief Equipment Officer: Valerio Giuliani USE5

Treasurer (pending replacement): Jaqueline Spence, UEOI13A

Chief Astronomer: Position open

Equipment Officer: Damian Rayner

Equipment Officer: Mohamed Lamki UWB6

Equipment Officer/Secretary: Adrian Woodcock

Equipment Officer: Karan Christopher ONPL22

Equipment Officer: Ernest Sayapov UWI15

Planetarium Director: Sulaiman Busaidi EAS5

Goals

The chief aims of the Astronomy Group are:

- foster an interest and awareness in astronomy
- give its members the opportunity to experience the wonders of the universe first hand through observation activities
- transfer knowledge on astronomical matters to its members through its camps, lecture meetings and shows in collaboration with PDO Planetarium

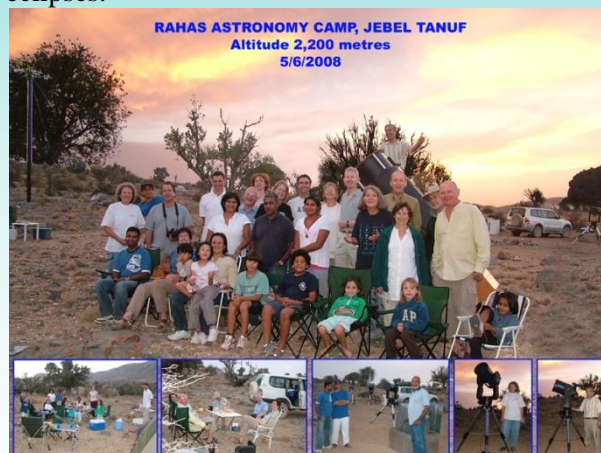
Activities

The section has two main activities.

- Weekend star observation camps at dark sites in the North Oman Mountains in summer and to lowland sites in the interior in winter. RAHAS possesses a number of large telescopes and accessory equipment for use of members on these outings. These camps have proved especially popular for families with children.
- Lectures (in conjunction with PDO Planetarium) by astronomical experts invited from various institutions in the Middle East

Region and also knowledgeable RAHAS members on astronomical and related topics held at PDO Oil & Gas centre through the winter period.

There are also ad-hoc sky watches organised for special events, such as comets or lunar and solar eclipses.



Committee Vacancies Available

If you have an interest in astronomy and/or scientific instruments or possess IT/secretarial abilities, RAHAS has a number of committee vacancies, especially for equipment officers. If you have ever dreamt of the opportunity to operate a large astronomical telescope this could be just the opening for you! On the job training is provided. For more details please email Adrian Woodcock or Valerio Giuliani USE5.

Proposed Weekend Astronomy Observation Trips 2016-17: subject to final confirmation closer to the event.

RAS AL-HAMRA ASTRONOMY SECTION (RAHAS)

Calendar 2016-17 *

Date	Activity
15/01/2016	Wahiba Sands, astronomy camp
05/02/2016	Saiwan Area, astronomy camp
01/04/2016	Selma Plateau/Sur Area, astronomy camp
06/05/2016	Jabel Shams Plateau, astronomy camp
01/07/2016	Jabel Akhdar, astronomy camp
02/09/2016	Ibra Tombs, astronomy camp
28/10/2016	Afar-1H1 Area, astronomy camp
30/12/2016	Wahiba Sands, astronomy camp
27/01/2017	Saiwan Area, astronomy camp
24/02/2017	Location to be announced
Occasional Astronomy talks will be announced through RAHAS mailing list when their details have been finalised	

*Not all these camps are confirmed yet, especially anything scheduled 3 or more months ahead. For more information please e-mail Adrian Woodcock on: Adrian@sgrf.gov.om

Ask Adrian to add your address to the RAHAS mailing list.

Greetings RAHRC Members,

February ended with a bang as the 43rd Muscat Open was played. With golfers from as far away as Bahrain this tournament attracts the premier golfers of the region. Yassen Le Fahler a 15 year old amateur from Bahrain played sublime golf over the 2 days to win the Muscat Open. Ras Al Hamra's own Hakeem Alao won the Overall Nett Prize.

March was an exciting month with the Club Championship being played March 11th and 12th. Simon Billeau was crowned 2016 Men's Club Champion and Jameela Daud was the 2016 Ladies Club Champion. Our Nett Champions were Fadel Noor and Nelly Materna and rising junior Elliot Battersby was our Junior Champion. Congratulations to all our winners, and thank you to everyone who played.

The Second Round of MING (Men's Interclub Night Golf) was played Thursday March 17th which welcomes golfers from Muscat's 3 other golf clubs to enjoy the beauty and challenge of Ras al Hamra Golf Club.

Team Ras Al Hamra played outstanding, capturing the individual title and the team trophy. Gary Battersby scored 25pts to lead the team.

The second session of both Lady and Junior Clinics will be announced soon.

Easter break is upon us so why not head down to Ras Al Hamra Golf Club and hit a bag of balls or play 9 holes under the lights.

Shawn Skibinsky • Golf Operations Manager • Ras Al Hamra Golf Club

sskibinsky@troon.com • m +968.92.897.332

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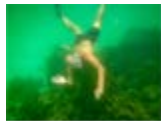
#PlayTheWORLDofTROON

The Oh Man! Adventure Group exists for non working male spouses. Reorganise a range of activities to suit our members. Previous successful events include, Off Road trips, Fishing, Hiking, Snorkelling, a trip to the Damaniyat Islands, ten pin bowling and watching an international World Cup qualifier football match.

Forthcoming events include:

Wednesday 23 March Photography workshop with Hil. Meet 8:00 am in car opposite the club gates. Hil will advise on the theme and location of the workshop. One suggestion is Muttrah Harbour.

Wednesday 13 April Swimming and snorkelling. Robert will advise on arrangements. Please register your interest with Robert. There will be a cost involved. The amount depends on numbers attending. Likely venue lBandar al Kharan. These photographs are from our last trip in June 2015.



Saturday 16 April Family BBQ 5:00 pm at the club.

Wednesday 11th May Snorkel trip with possibility of spotting whale sharks. In conjunction with Oman Euro Divers. Members only 24 OMR pp.

You participate in our events at your own risk.

Hope to see you soon.

Come and join us and help plan our adventures. Contact Graham Speller, grahamspeller@aol.com or Robert Velberg, pj.velberg@gmail.com

Judo section

I has been a very successful February and March for the Judo section. In addition to the club maintaining and even increasing its membership of players, we have now completed the grading of the novices who joined us at the last part of 2015. I am immensely pleased to say that due to their hard work, dedication and effort, we have had a 100% pass rate, and all our white belts have successfully achieved their red belts. This is an amazing achievement as they have a lot to learn and then demonstrate to the examiner, and he is really strict and most demanding!



Our successful players having been awarded their belts.





Toby having been awarded his grade of red belt.

Our existing higher grades are also working towards their next coloured belts and once again I am amazed at how good and how quickly these players master the complex techniques. During free fighting practice we see how they harmonise the techniques, timing and speed to execute throws and hold-downs in a contest situation. I see so much potential in our players, and it is a shame that their skills and abilities are not further rewarded by having a Gulf community judo tournament.

At this point I would like to thank Gloria and Bryan for their patience and tireless efforts to help and guide the players through the various throws and hold-downs that make up the syllabus for each grade. Their experience and knowledge proves invaluable to help the players develop styles of their own that in turn develops techniques unique to the individual player. If there are any existing adult judo players within the PDO framework that would like to offer their services as an assistant instructor, we would love to hear from you. The more instructors – the more individual the instruction that in turn, leads to the quicker progress of the players.

Lastly but just as importantly, my thanks to the parents of all the players for their continued support of the club. The enthusiasm and interest shown encourages the kids to perform that little bit more and we are then rewarded in seeing some fabulous judo.

Kayak Section update March 2016

Despite some interesting weather in the last few weeks, many of the kayakers and surf-ski paddlers have continued to get out and have been rewarded with sightings of whale sharks, turtles and jumping rays. Bull sharks have also been spotted off the beaches but not from the kayaks – but it is an added incentive to get back in quickly if you fall out.

There was a lot of damage to the kayak storage area in the recent storms, but fortunately few of the boats seem to have been damaged and the area is useable again.

The new paddle board racks are in use – thanks to the RAHRC management for having them built. If you wish to store a craft at the RAHRC please contact David.DB.Alsop@pdo.co.om or Paul.PS.Sanders@pdo.co.om

If anyone wishes to join in with some kayaking, please note that we have a social paddle every Thursday evening (weather permitting), meeting at RAHRC from 16.45 to leave the beach by 17.00.

Hopefully we will be able to organize another “Moonlight Paddle” and another “Round the Island Race” in the near future.



Said Al Harrasi and Sabri Al Barwani the new overall winners

The second round of 'The 2016 Angler of the Year PDO Recreation Club' competition was held Saturday 20th February 2016. The competition was generously sponsored by Seven Seas Petroleum LLC.

As the dusk broke at 0630 with the first calm light, the captain blew a piercing whistle for the competition to start. The anglers sheared the waters with their speeding boats heading in various directions away from the Recreation centre beach.

The sea was calm but clouds were anticipated to form as the day passed by. The day was cool with a soft breeze, whilst a beautiful golden sun, rising through the day warming up the sea gradually.

The wave height was at 0.2 meters, and wind speed not exceeding 5 knots. It was yet another perfect day for the anglers in the sea at Muscat!!

A total of 15 eager fishermen joined the event in seven fishing boats. Special anglers who have been fishing in Oman waters joined the fishing competition all the way from Holland. It was nice again to see Olle and Jurjen joining in the fishing competition.

All boats except for one joined in from the Ras Al Hamra recreation centre. Frans and Ray in Al Farasha joined in far from Sifa resort. Despite the distance, Frans and Ray are keen fishermen and would do all possible to participate in this important event

The anglers had two things in mind. It was to win the monthly fishing competition event, and have fabulous fun with the rest of the anglers as this event, brings together all the professional fishermen.

This event was very challenging, despite the fact that the sea offered an outstanding boating conditions; it was a struggle to locate easy game fish. The cold surface sea temperatures and the rains affected the visibility of the water. No bait fish were seen close to the shores and this meant the game fish would be deep inside the sea!

Many Boats were seen around the weather buoy, and the Al Fahal island. This, was an attempt to catch the game fish. However, no sound of squeaking reels was heard!

Majority of the boats were at the shallower reefs. The depths in these reefs ranged from 85 meters to 130 meter. One boat was not seen for a while; it was thought this boat captained by Dr Hakeem would be in the deep reef.

The time passed by pretty fast, anglers started to be cautious as the weather conditions appeared to change. Wind speed picked up, clouds started to form above. Only one hour was remaining to conclude the fishing event.

All the boats returned safely sharp at 1230 pm at the Ras Al Hamra recreation centre.

At the weigh in, the biggest catch of the bottom category was revealed by Dr Hakeem and partner Suleiman Al Harthi. In fact this catch was the heaviest on the day weighing

at 17.5 kg. Faisal Riyami and partner Salim Al Khatri bottom catch weight was at 14.45 kg.

There was only a 100 g rolling fish category caught by Said Al Harassi. This tiny fish was dubbed as a golden catch of the day since the score related it would be a clear 10 points.

The biggest fish of the day was a grouper at 2.5 kg caught by Capt Suleiman Al Hajri

The day was concluded with a wonderful buffet and prize giving ceremony.

In terms of the results, the following table illustrate the winners of the day.



RAS AL HAMRA Fishing Section Competition - Result Sheet

Date: February 20rd , 2016

Competition: Round 2

Sponsor: Seven Seas

Representative: Anisha

Weather:	Excellent	Boats:	7	Total Weight:	70 kg caught
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Biggest fish	Hamour	Weight:	2.5 KG	Caught by:	Capt Suleiman Al hajri
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Bottom Fishing		
Rank	Name	Points
1	Dr Hakim	10
2	Suleiman Al Harthi	9
3	Salim Al Khatri	8
4	Faisal Riyami	7
5	Said Harrasi	6
6	Sabri Barwani	5
7	Olle Anthenius	4
8	JunJen	3
9	Capt Suleiman	2
10	Tariq Al hajri	1

Game Fishing		
Rank	Name	Points
1	Sabri Barwani	10
2	Said Harrasi	9
3		8
4		7
5		6
6		5
7		4
8		3
9		2
10		1

Overall		
Rank	Name	Points
1	Said Harrasi	15
2	Sabri Barwani	15
3	Dr Hakim Hassan	10
4	Suleiman Al harthi	9
5	salim Al Khatri	8
6	Faisal Riyami	7
7	Olle	4
8	Junjen	3
9	Suleiman Captain	2
10	Tariq Al hajri	1

WINNERS			Kilo's	Choice Seq	Prizes
1st	Overall	Said Harrasi		1	
2nd	Overall	Sabri Barwani		2	
1st	Bottom	Dr Hakim Hassan		4	
1st	Trolling			3	
2nd	Bottom	Suleiman Al harthi		6	
2nd	Trolling			5	
Biggest Fish		Capt Suleiman Al Hajri		7	



Centre Said Al Harrasi 1st Overall winner



2nd Overall winner centre Sabri Barwani



Dr Hakeem Hassan centre 1st bottom category



2nd bottom category centres Suleiman Al Harthi





Happy Anglers with families and friends.

The Biathlon/Triathlon section held its 27th Biathlon (swim &run) event on February 19th.

56 participants joined at 07:30 a.m. start for LONG and SHORT course.

Perfect conditions in the water and on the road.

The new running route takes the participants along the Kauther street and along the fantastic running course along the golf course back to the club.

For the Individuals, Kiki Michels came in as first Junior in 45:43 min, Ian Burch as first on the SHORT course in 36:51 min and Sulaiman Al Alawi on the Long Course in 40:14 min.

For the Teams, Ciaran and Tim Ward were first on the SHORT course in 33:52 min, for the LONG course, Ruth Hine and Paul Dean won in 47:15 min.

All enjoyed a very healthy breakfast at the boat club after the event.

A big thank you to the RAHSC staff and all the volunteers & marshals, we can't do these events without YOU.

The section committee

Zandre, Peter, Ahmed, Suleiman, Richard, Francesca, Joe

Results 27th PDORC Biathlon - 19. Feb 2016

SHORT course swim started 0:05 min
later than LONG Swim

0:05:00

Race #	Name	Category	Comment	Swim In	Total Swim Time	Final In	Run time
101	Suleiman Al-Alawi	LONG Individual		0:13:54	0:13:54	0:40:01	0:26:07
133	Brad Holliday	LONG Individual		0:14:12	0:14:12	0:40:51	0:26:39
111	Gary Cummings	LONG Individual		0:15:12	0:15:12	0:40:54	0:25:42
154	Karl Street	LONG Individual		0:18:00	0:18:00	0:44:52	0:26:52
103	Peter Laing	LONG Individual		0:17:04	0:17:04	0:46:43	0:29:39
146	Birgit Schulz	LONG Individual		0:17:50	0:17:50	0:46:49	0:28:59
112	Simone	LONG Individual		0:15:10	0:15:10	0:48:45	0:33:35
157	Bert Michels	LONG Individual		0:17:55	0:17:55	0:50:48	0:32:53
158	Nick cartwright	LONG Individual		0:20:10	0:20:10	0:51:25	0:31:15
148	Tim Keating	LONG Individual		0:17:58	0:17:58	0:52:35	0:34:37
106	Ahmed Al Malki	LONG Individual		0:17:47	0:17:47	0:53:34	0:35:47
155	Cristian Masini	LONG Individual		0:18:15	0:18:15	0:57:46	0:39:31
104	Tom Griep	LONG Individual		0:20:23	0:20:23	0:59:25	0:39:02
149	Philip Brady	LONG Individual		0:22:06	0:22:06	1:03:27	0:41:21
129	Mohamed Al Hakmani	LONG Individual		0:25:48	0:25:48	1:07:16	0:41:28
147	Bahumeet Arora	LONG Individual		0:26:12	0:26:12	1:10:29	0:44:17

Race #	Name	Category	Comment	Swim In	Total Swim Time	Final In	Run time
176	Ian Burch	SHORT Individual		0:17:18	0:12:18	0:36:51	0:19:33
173	Dave Salt	SHORT Individual		0:17:15	0:12:15	0:37:02	0:19:47
181	John Zinck	SHORT Individual		0:16:32	0:11:32	0:38:26	0:21:54
168	Genavieve Houareau	SHORT Individual		0:19:15	0:14:15	0:44:09	0:24:54
184	Greg Fairbotham	SHORT Individual		0:19:10	0:14:10	0:44:09	0:24:59
108	Matthew Tipton	SHORT Individual		0:17:10	0:12:10	0:45:01	0:27:51
169	Bill Huguelet	SHORT Individual		0:20:43	0:15:43	0:46:02	0:25:19
178	Santi Turpin	SHORT Individual		0:22:38	0:17:38	0:47:52	0:25:14
186	Peter Greenwood	SHORT Individual		0:18:30	0:13:30	0:48:03	0:29:33
183	Sunil R DESHPANDE	SHORT Individual		0:25:45	0:20:45	0:50:47	0:25:02

179	Paul king	SHORT Individual		0:22:48	0:17:48	0:57:58	0:35:10
163	Amjid Ali	SHORT Individual	Run only			0:40:37	0:24:18
177	Ayman	SHORT Individual	Run only			0:43:54	0:29:28
Race #	Name	Category	Comment	Swim In	Total Swim Time	Final In	Run time
187	Kiki Michels	SHORT Junior		0:17:00	0:12:00	0:45:43	0:28:43
84	Lucy Salt	SHORT Junior		0:18:07	0:13:07	0:48:53	0:30:46
83	Holly Salt	SHORT Junior	Swim only	0:16:52	0:11:52	n/a	n/a
191	Peter Hine	SHORT Junior	Swim only	0:18:10	0:13:10	n/a	n/a
196	Susannah Hine	SHORT Junior	Swim only	0:18:54	0:13:54	n/a	n/a

Race #	Name	Category	Comment	Swim In	Total Swim Time	Final In	Run time
43	Ruth & Paul	LONG Team	Ruth Hine (s) , Paul Dean ®	0:19:00	0:19:00	0:47:15	0:28:15
51	Melodi Marx	LONG Team	Melodi Marx (s); Lauren Kilian (r)	0:18:21	0:18:21	0:48:30	0:30:09
50	Ian White	LONG Team	Ian White (s). Vaughan Clarke (r)	0:18:38	0:18:38	0:54:10	0:35:32
Race #	Name	Category	Comment	Swim In	Total Swim Time	Final In	Run time
52	Ciaran Ward	SHORT Junior Team	Ciaran (s) Tim (r)	0:14:50	0:09:50	0:33:52	0:19:02
72	Safwaan	SHORT Team	Safwaan(s) Tasneem(r)	0:17:31	0:12:31	0:40:45	0:23:14
64	Susan Finlay	SHORT Team	Denise (s); Susan (r)	0:18:56	0:13:56	0:45:18	0:26:22
69	Nayel	SHORT Team	Nayel(s) Fi(r)	0:19:41	0:14:41	0:45:33	0:25:52
34	Roser Biosca	SHORT Team	Roser(s), Salma (r)	0:20:03	0:15:03	0:56:57	0:36:54
41	Tarik Al Sharji	SHORT Team	Elena (s), Tarik (r)	0:23:03	0:18:03	0:57:30	0:34:27
79	Bhassara Zinck	SHORT Team	Kim McArthur (s); Bhassara Zinck (r)	0:19:41	0:14:41	0:58:38	0:38:57
59	Rigel Cedeño	SHORT Team	Raoul;Rigel (wrong run course)	0:21:30	0:16:30	0:38:57	0:17:27

Edited by J.Bildstein / Section Head Biathlon/Triathlon PDORC



BASKETBALL TOURNAMENT









RAHRC LIBRARY

LIBRARY BOOK CLUB!

- Please join us at 11.30am at the Boat Club, usually every third Tuesday of the month, to enjoy discussing new books.
- Our goal is to build a community of readers of good literature connected to the PDO Library.
- April 19th : *History of Loneliness* by John Boyne
- May 17th : *Circling the Sun* by Paula McLaine
- June 21st : *In the Heart of the Sea* by Nathaniel Philbrick
- September 20th : *The Night Guest* by Fiona McFarlane
- October 18th : *The Historian* by Elizabeth Kostova
- November 15th : *The Buried Giant* by Kazuo Ishiguro
- December 13th : *An Officer and a Spy* by Robert Harris
- January 17th : *A Place called Winter* by Patrick Gale
- February 21st : *Wolf Winter* by Cecilia Eklöf
- Please just come along, even if you have not read the book.
- Bring lunch or order from the Boat Club.

We look forward to seeing you then!

RAHRC LIBRARY
CHILDREN'S BOOK READING
by our librarian

Sunday 6.30 - 7pm English

Wednesday 5:30 – 6pm Arabic

PARENTS MUST STAY



Find us on
Facebook

**You're never too old,
too wacky, too wild,
to pick up a book
and read to a child.**

-Dr. Seuss

RAHRC LIBRARY

DUTCH LIBRARIAN

**WE NEED A NEW DUTCH
LIBRARIAN. THE JOB
INVOLVES THE PURCHASE
OF BOOKS AND PREPARING
THEM FOR THE SHELVES.
THE JOB CAN BE SHARED
OR DONE INDIVIDUALLY.
THE OTHER LIBRARY
VOLUNTEERS ARE ALSO
WILLING TO ASSIST.
TRAINING IS PROVIDED.**

If you are interested, please visit the library or email us
alfahal2@omantel.net.om

Events / Activity	End Date	Restart Date	Time
Social Round Robin	March 31st	April 14th	7:00 - 9:00 Pm
Junior Camp	March 26th	April 16th	8:30 - 10:00 Am.
TOTS Camp (Sports Hall)	March 22nd	April 12th	3:00 - 3:45 Pm.
Ladies Mornings	March 24th	April 11th & 14th	8:15 - 9:45 Am
Easter Tennis Camp	March 31st	March 27th	9:00 - 12:00 Pm
Tennis Lessons	March 31st	April 10th	Normal Schedule.

All tennis lessons between April 1st - 9th is CANCELLED!! All coaches on holiday break.

Adjustments will be made to tennis lessons timings during the summer season effective April 16th, 2016. Coaches will inform in advance.

Website: www.pdorc.com/tennis

Email: rahrctenniscoach@gmail.com



RAHRC Tennis EASTER JUNIOR CAMP

Mar 27th – Mar 31st
2016

VENUE: OLD PDO SCHOOL INDOOR HALL
TIME: 9AM – 12 PM (SUN – THR)
REGISTRATION FEE 5.000 OMR PER CHILD
DAILY

Entries must be sent to Coach Deron at
rahrctenniscoach@gmail.com or SMS 953 44398 by
March 24th 2016.

Children must be between ages 6 – 12 years old.

RAHRC Members Only !!

APRIL 2016 TOP 10

<u>NO.</u>	<u>TITLE</u>	<u>CATEGORY</u>	<u>CAST 1</u>	<u>CAST 2</u>
1	CREED	DRAMA	MICHAEL B. JORDAN	SYLVESTER STALLONE
2	BRIDGE OF SPIES	SPY THRILLER	TOM HANKS	MARK RYLANCE
3	BLACK MASS	TRUE STORY	JOHNNY DEPP	BENEDICT CUMBERBATCH
4	SPECTRE	SPY ACTION	DANIEL CRAIG	CHRISTOPHER WATT
5	GOOD DINOSAUR	CARTOON	V/O - JEFFREY WRIGHT	V/O - FRANCES MCDORMAND
6	BURNT	DRA./COM.	BRADLEY COOPER	SIENNA MILLER
7	HE NAMED ME MALALA	DOCUMENTARY	MALALA YOUSAFZAI	ZIAUDDIN YOUSAFZAI
8	GOOSEBUMPS	COM./ADV.	JACK BLACK	DYLAN MINNETTE
9	BLINKY BILL THE MOVIE	CARTOON	V/O - TONI COLLETTE	V/O - RUFUS SEWELL
10	THE VEIL	HORROR	JESSICA ALBA	LILY RABE