



THE RAHRC BULLETIN OCTOBER 2017

RAHRC FIREWORK CELEBRATIONS

DATE : FRIDAY 17TH NOVEMBER, 2017

VENUE: RAHRC BOAT CLUB BEACH AREA

TIME: AT SUNSET (ANYTIME AFTER 18:00 HRS)

CLUB CLOSURE:

FRIDAY 17/11/17 2:00 AM TO 3:00 PM

**EVENT OPEN TO MEMBERS ONLY FROM 3.00 PM ONWARDS ON 17/11/17
(NO GUESTS ALLOWED)**

**FOR SAFETY REASONS AREAS BEYOND THE TENNIS COURTS WILL BE
CLOSED ON 16/11/17 & 17/11/17**

**SECTION EVENTS/PRIVATE PARTIES & BBQ WILL NOT BE ALLOWED ON
17/11/17**



Main Committee Message



The activities in the club are in full swing. This month alone we had five events as well as cluster family day. Things are looking even better for the month of November is looking exciting and full of events, the main event being the fireworks on the 17th of November. Please follow the instructions of the front office for registering the children. This will prevent disappointments. The events are also posted on the PDORC website.

Club AGM is planned for the 22nd of the month. I would encourage members to attend and hear the latest news on the redevelopment of the club as well as the management of the accounts for the club as well as the sections.

The club continues a number of facilities for the members. Both are to facilitate the members to pay for services as well as food and drinks in the different outlets of the club.

The facility of payment through credit cards was introduced sometimes back, now we have introduced the payment through the membership card by putting small amount of funds. This will allow our younger members to pay without the credit cards.

The new clubhouse restaurant has opened for business. It is still in soft opening phase but soon will start serving all the meals. There will be details on the booking for special events and will be part of the club event booking system.

The club will be printing new membership cards for the members. The cards will have RFID chip, this will enable the club to offer new services and features for the members.

The safety is as always a priority for the club and is a shared responsibility with the members and their guests. It is important that all of us follow the golden safety rules and take care when using the different facilities in the club.

Members using the pool and the beach have to be extra careful and vigilant as fun time can turn into an anxious and painful time very quickly. Always use proper clothing and gear when using the facilities. It is very important for parents to keep eye on the children when in the club.

I hope that you all will enjoy all that the club has to offer in a safe and friendly manner. Enjoy and have fun.

Comments or feedback can be posted to RahRc@pdo.co.om

**On behalf of the Main Committee,
Khalid Jawad Al Khabouri
President Ras Al Hamrah and Golf Club**



The Outpost Muscat Team

The team at Outpost Muscat is dedicated to assisting you with practical information and guidance on all non-contractual matters. We can assist you on arrival and on an ongoing basis during your assignment.

Upcoming Events

Outpost Social Bingo Morning

Thursday 9th November,

8.30am—11am



New Restaurant (upstairs) opposite the Boat Club

Join us for a social morning of fun, friendship and prizes—Kim Restucci will be calling the numbers, so warm up your Bingo voice now!

OMR 5 per ticket will give you one Bingo card, refreshments during the game and all-day access to the PDO club facilities.

Free entry to the club. Not a club member? No problem. Just bring along a valid ID and your Bingo ticket.

Everyone is a winner. If you come, you get a goodie bag with mini gifts and vouchers.

Save the Date

Festive Coffee Morning

Thursday 7th December

Come celebrate the end of year with us and our community! Please let us know if you'd like to showcase your baking skills and bring some sweet treats—we are open to discussion!

Warm greetings from the Outpost Team,
Amanda, Anca, Rekha, Heba, Nadine and Jessey



Outpost Muscat

Ras al Hamra Street, PDO Camp
Apartment 149, Flat G05 (Khasab)
+968 246 58 640

Office hours: 08:15—11:15
Sundays, Tuesdays, Thursdays



OutpostMuscat

OutpostMuscat@pdo.co.om

muscat.globaloutpostservices.com



Our Publications

We have a range of publications to help you such as our Inside Guide and some other key documents on subjects including:

- Housing
- Driving in Oman
- Hiring Domestic Help
- Departure Checklist
- Birth Registration in Oman
- Emergency
- Children’s Activities in Muscat

For copies please contact Outpost or pop into the office.

Welcome Services Team

If you are a new arrival and on an accompanied basis, a member of our Welcome Services Team will contact your spouse to offer assistance with settling in.

Communication & Newsletters

Please join our email distribution list so that we can notify you of our events and send you our newsletter. To join, please send an email to us on outpostmuscat@pdo.co.om

Facebook

Outpost Muscat is now on Facebook. Join our closed group of over 730 people to be updated on our news, events and share information about life in Muscat!



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Beach to Beach Kayak Support

A big thank you to those kayakers who supported the Beach to Beach Swim.

New Website

We have published a new website with information on kayaking activities at the club.

RAHRC KAYAK SECTION

[HOME](#) [COME KAYAKING](#) [RULES, SAFETY & MUST KNOWS](#) [KAYAK & EQUIPMENT STORAGE](#) [CONTACT](#)



It has information on how to come kayaking, kayak and equipment storage, rules, safety, downloads and a contact page.

Please take some time to visit, it will be updated regularly with new information and previous activity reports to follow shortly.

<http://rahrc-kayaks.weebly.com>

Thursday After Work Paddle

If you wish to increase your paddling confidence and ability, join us on Thursday afternoons -contact kayak section for further details.



BOAT CLUB SAILING SECTION



Who we are

We are a group of passionate sailors; for some of us sailing is rooted in our childhood and for others it is a newly discovered passion. We get together whenever there is good wind, we rig the boats and we go for a spin.

Twice a month we turn the fun into some proper competition, with Monthly Team Racing (for Hobie catamarans) and the Monthly Mug (for all types of boats).

We also organize sailing classes for kids or adults for novice sailors, or for experts (ticket conversion course).

It is never too late to become a sailor and sailing can be a real “school for life” along with being a very healthy activity for children and adults alike.

Once you have been through the training (or the assessment) with our instructors and you have got your sailing ticket, which is mandatory in order to use club boats, you are ready to sail.

The fleet includes:

- Optimists
- Toppers
- Lasers
- Laser 2000s
- Laser Bahias
- Hobie 16 Catamarans

...meanwhile this summer...



Here we have something called “the Round the Island Race”, which is the time between the moment you take off from PDO beach, go around Fahal Island (port or starboard side, as you wish) and come back to the beach.

There has to be an ideal combination of wind speed, direction and waves to beat the fastest lap, however, this is not just about how lucky you are on your free day with meteorological conditions and natural elements. You have to be a really good sailor to handle an ideal condition of 20+ knots wind and with local experience to workout how close you have to stay to Fahal Island. Too far away, means a longer route, but yet, if you are too close you end up stuck in the Island ‘shadow’ with no wind and sucking current.

Matheus and Luca set a new record for the Round the Island time

The round the Island record on a Hobie 16, has been held for 10 years by Tony and Paul-Henri van Thiel since 2007 (25.04) and Dave Clark and Victoria Grainger previously since 2003 (25.27) so it is a great achievement for the son and father team Matthaues (a 16 year old helm and recently qualified RYA dinghy and multi-hull sailing instructor) and Luca Walcher (father and crew) to have finally broken the record on 13th August 2017. Their time beach to beach, recorded by Boat Safety Officer, Said, shaved 11 seconds off the previous time.

The new record is 24 minutes and 53 seconds.

Congratulations on now holding the Blue Ribbon Trophy!

On past races

While we weren't able to run the Hobie Open, due to miserable wind conditions, team racing started again this month (the 1st Friday of every month) and we were blessed with a nice easterly breeze and 6 races in total, resulting in very competitive races, where tactical decisions could make a big difference.



All this fun on the water would not be possible without the great commitment from Stephen Martin as race officer, in charge of the committee boat, setting the course and start operations. He is amazing but he can't run the show by himself, that's why the help from every team is important. This month, Aeolus Team had the OOD role; here are some comments regarding the race from Aeolus Captain, Joe:

"It was a good start to the season with competitive racing and lots of position changes. The wind was between 8 and 12 knots. The strong current made it impossible to place a buoy near the committee boat. Competitively aggressive starts by some sailors lead to one overall restart and a few boats with a penalty.

Overall not too much shouting, swearing and yelling, but very good, competitive sailing. Quick timing between the races. OOD position is very different compared to being on the Hobie - we see more than you think!"

Up next: sailing courses...

It is never too late or too early to learn how to sail, now that we are back from summer break, sailing activities are starting again. See below what course suits you or your kids best and join the fun!



Optimist (kids 8+): Our instructors, Jules and Giles, will be on the beach every Friday morning starting from **Friday 27th October**, introducing small kids to sailing. If you want to see what it is all about and if your child can join, please come by and meet them. They could do with some help from some parents and you may find out that you actually enjoy it too!

Topper (young teens): Fred is introducing young teens to master natural elements almost **every Friday** (with the exception of school breaks). Drop him a line to check availability for new spots. See contacts page at the end of this bulletin.

Laser (teens and adults): If you are an adult, willing to learn how to sail, this is your first step. There is always high demand, but we try to accommodate everybody. Find more info here:

(<http://rahsc.weebly.com/news/laser-sailing-induction-course>). **Courses are starting 3rd of November!**

Hobie 16 Catamaran (conversion course for teens and adults): We are waiting for our new rib to arrive, then we can resume Hobie courses, over 2 full weekends, 3-4 times a year as normal. Sorry for the inconvenience, but stay tuned!

See the website for more details: www.rahsc.weebly.com

WHAT'S COMING UP

3rd November 2017

2nd Team Racing Day of the Season

(every first weekend of the month, with the exception of National or Religious holidays)

23rd – 24th February 2018

RAHRC Annual Regatta

We need support! Step up and help us to organize one of the most popular events at the club!

USEFUL LINKS

WEBSITE: <http://rahsc.weebly.com/>

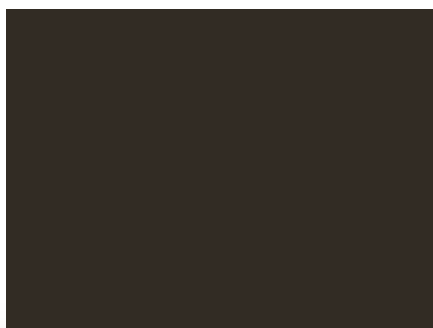
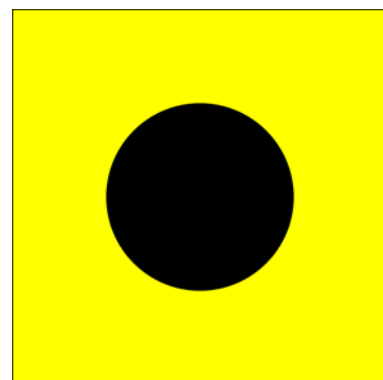
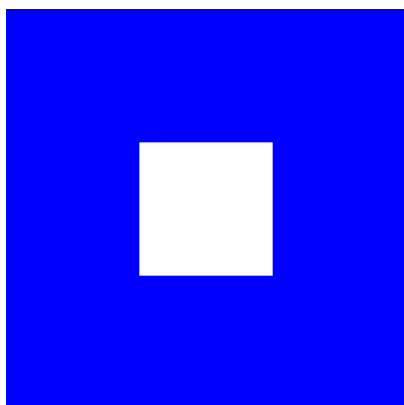
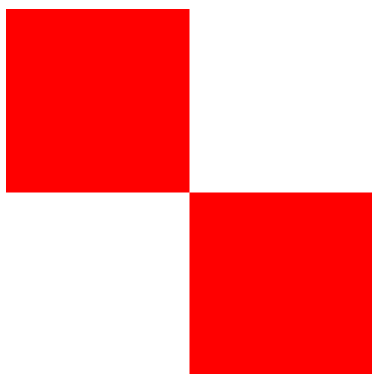
CALENDAR: <https://teamup.com/ks13f57ab0f355216b>

QUIZ OF THE MONTH

...you think you know it all? Let's see...

With racing season starting again, we all may need to de-rust a bit or learn something that might be useful.

Let's see how well you know the starting sequence signals. What are these flags and what is their meaning? Answers will be provided next month.



(And yes, also the last one is an existing flag...)

Contacts...



- Optimist Courses
Jules (julesbrins@hotmail.com)
- Topper Courses
Fred (fredngill2@yahoo.co.uk)
- Laser Courses
Roel (roberson25@gmail.com)
- Hobie Courses:
Dave (daveclarkoman@gmail.com)

Oh Man! Adventure Group

Chair: Graham Speller: grahamspeller@aol.com 95378251
Sec: Robert Velberg: pj.velberg@gmail.com 92042359
Treasurer: Chris Rusnak: crusnak3@gmail.com 98831607



News from our Group

Our new year has started well with a variety of activities. We have taken the boat from the club to fish the Gulf and returned every time with a rich harvest from the sea. Some of our members are developing their fishing skills and we have often benefitted by feasting on their catch.

We are planning a day snorkelling the clear waters off the coast at Quariat. We have chartered two boats and our group and their family members are looking forward to returning to the clear waters we last visited in 2016. No doubt photographs of the event will feature on our dedicated FaceBook page.

We were honoured to host a snorkelling trip to Fahal Island for the Outpost Group. A keen group enjoyed the waters behind the island especially where it appeared to be really clear and the visibility was excellent.

We also hosted a family BBQ on the beach and enjoyed the wonderful food, including our own freshly caught fish, presented by Gordon McKenzie and his team.

We thoroughly enjoyed the display by the Red Arrows. We took a boat from our own Res al Hamra Club beach and anchored off the coast by the Intercontinental Hotel and the planes flew right over our head. It was a spectacular display and we had a unique vantage point to catch the best moments with our cameras. Some of the photos are displayed on our own FaceBook page.

Our next meeting is Monday 30th October 10:00 am at the Boat Club. If you are a male training spouse this group is for you. Come along and join in the fun. All welcome.

ARTS CENTER



Halloween Party
To all instructors &
their partners &
students at the Arts
Center on 1st of
November 6:00 to
9:30 Pm

We had a successful INSTRUCTORS GENERAL MEETING ☐
And an amazing OPEN HOUSE DAY ☐☐
And all courses are starting their sessions as scheduled ☐
Wishing to have a busy and interesting Year ahead ☐
Kind Wishes,
Claude Farhat ,
The CHAIRLADY

DAY	CLASS	VENUE	TIME	INSTRUCTOR
Sunday	French Beginners	Yellow room	9AM – 10:30AM	Claude Farhat
	Needle Point	Yellow room	11AM – 3:00PM	Agatha Zwaan
	Spanish Beginners	Red room	10AM – 11:30AM	Arancha Franco
	Arabic beginners	Red room	1 pm to 2:30 pm	Nadine Dannam
	Batic	Green room	9:30AM-12 Noon	Mala Yagnesh
	Pottery Workshop	Turquoise room	9AM – 5:30PM	Donna Condon
	Painting Workshop	Blue room	10AM – 1:00PM	Gabriella Ibrahim
Monday	Beading	Yellow room	10AM – 11:30AM	Jeanette McDonald
	English	Yellow room	4:30PM -6PM	Patricia Burpee
	Ribbon Embroidery	Red room	9:30AM – 11:30AM	Neeta Rathore
	Mosaic	Green room	9AM – 12 Noon	Anne Marie De Jong
	Spanish Beginner	Green room	6PM -7:30PM	Mario Giraldo
	Fashion Workshop	Blue room	9:30AM - 11.30AM	Kate Ejiofor
	Arabic Advanced	Blue room	5:30 PM 7:00PM	Claude Farhat
Tuesday	English Advanced	Yellow room	10AM – 11:30AM	Jessica Williams
	Quilling for Children	Yellow room	4:30 PM -5:30PM	Meena Hiten
	Fabric Painting	Red room	9:30AM -11:30AM	Manju Singh
	Pot Painting	Red room	4:30PM – 6:30PM	Jinal Umang
	Dot painting for kids	Green room	4:00PM – 5:00 PM	Sheran Suarez
	Pottery Handbuild Beginner	Turquoise room	9:30AM – 12:30PM	Arleen Edwards
	Pottery Workshop Beginner	Turquoise room	1PM-4PM	Arleen Edwards
	Pottery Workshop	Turquoise room	6PM – 9PM	Jackie Maskall
	Fashion Beginners	Blue room	8AM – 11AM	Kate Ejiofor
	Make Up	Blue room	11AM – 12:30PM	Salma Sabbagh Ramy
	Stitching	Blue room	1PM – 3PM	Shagufta Khalfay
	Arabic Beginner	Blue room	5:30PM -7PM	Claude Farhat
Wednesday	Quilling & Origami	Red room	9:30AM -11AM	Miriam Jimenez
	Scrapbooking	Red room	11AM -12 Noon	Miriam Jimenez
	Stained Glass	Orange room	9AM – 11:30AM	Marianne Staal
	Stained Glass	Orange room	11:30AM -4PM	Gabriella Popescu
	Oil Painting	Green room	10AM – 12 Noon	Heena Kothari
	Acrylic Painting	Green room	1PM -3PM	Shalini Kumar
	Paper Craft for Children	Green room	5PM -6PM	Irina Kubek
	Pottery Workshop	Turquoise room	9AM – 5:30PM	Donna Condon
	Quilting	Blue room	9AM -3PM	Lydia de Mooij
Thursday	Pot Painting for Children	Red room	4:30PM-6:30PM	Jinal Umang
	Beading	Yellow room	9:30AM -11 AM	Priya Rajan-Babu
	Silver/Gold Smithing	Orange room	9AM-3PM	Elisabeth V/d Wouden
	Creative Arts	Green room	9AM -12 Noon	Anne Marie De Jong & Valentina Dolgopyatva
	Pottery	Turquoise room	9AM -4PM	Arleen Edwards
	Basic Patchwork & Quilting	Blue room	9AM – 12 Noon	Nieves Briceno

Beach 2 Beach Swim – Friday 13th October

Friday 13th may have seemed like a strange choice of date to hold an open water sea swim, however it turned out to be an inspired decision. Over 200 swimmers took part in the swim in near perfect conditions. Some people raced away to complete the 1.2 km in less than 20 mins, with others taking their time and enjoying the scenery or over coming nerves to complete the challenge of the event. Everyone had safely completed the swim in well under an hour and were then able to enjoy a healthy breakfast from SOCAT and Novell.

The swim was supported by the club with divers, kayakers and other volunteers on standby.

For those interested in swimming, there are various groups who regularly swim either in the sea or pool. Get in touch via fahalswim@gmail.com and we will try to put you in touch with suitable groups.

If you are interested in buying a swim float or dry bag we have a discounted price from swim secure www.swimsecure.co.uk. These are a great safety aid enabling swimmers to be seen in the water by other water users. Please let us know by the end of the month if you are interested in one of these products on fahalswim@gmail.com.





RAHRC LIBRARY NEEDS.....



For.....

- Monday 11:30am to 2:30pm
- Wednesday 5pm to 7pm
- Thursday 5pm to 7pm
- Saturday 11am to 1pm

Please visit the library and let us know if you are interested or email us – rahrclibrary@hotmail.com

CLOSED FOR STOCKTAKE

The library will be closed for stocktake from:

November 5th to 18th.

We will re-open November 19th at 3pm.

RAHRC LIBRARY

NOW
OPEN
Saturdays

11AM TO 1PM

NEW EMAIL

New email address for the
library:

rahrclibrary@hotmail.com

NEW BOOKS IN THE LIBRARY

Title	Author
Al Nahla Al Malika	Said, Safyan
Al Sandook Al Tae'er	Said, Safyan
Anna	Ammaniti, Niccolo
BBC Good Food - August 2017	
BBC Good Food - Celebrate with Cake 2017	
BBC Good Food - July 2017	
BBC Good Food - June 2017	
BBC Good Food - September 2017	
BBC Good Food - Summer healthy 2017	
Beano 13 September 2017	
Cleaner of Chartres, The	Vickers, Salley
I Can't Believe You Just Said That: The truth about why people are SO	Wallace, Danny
Delicious Magazine	
Delicious Magazine - August 2017	
Delicious Magazine -September 2017	
Farkh Al Batt Al Qabeeh	
Good Housekeeping - October 2017	
Hawl Al A'alam Fe Thamaneen Yawman	Said, Safyan
He Said/She Said	Kelly, Erin
How to Stop Time	Haig, Matt
In Every Moment We are Still Alive	Malmquist, Tom
Keeper of Lost Things, The	Hogan, Ruth
Ketab Al Adghal	Said, Safyan
Last Days of Night, The	Moore, Graham
My Name is Leon	Waal, Kit de
National Geographic Traveller - 2nd copy October 2017	
National Geographic Traveller - Costa Rica 2017	
National Geographic Traveller - Experiences 2017	
National Geographic Traveller - June 2017	
National Geographic Traveller - October 2017	
National Geographic Traveller -September 2017	
National Geographic Traveller -Winter Sports 2017	
Necessary Evil, A	Mukherjee, Abir
One, The	Marrs, John
Pushing Brilliance	Tigner, Tim
Reessalah Fareegha	Al Bulk, Sayed
Robinson Crusoe	
The Summer of Impossible Things	Coleman, Rowan
Silent Wife, The: A Gripping Emotional Page Turner with a Twist That Will Take Your Breath Away	Fisher, Kerry
Slow Horses: Slough House	Herron, Mick
Swim with Those Who Drown	Mytting, Lars
Swing Time	Smith, Zadie

Upstairs Room, The	Murray-Browne, Kate
Vegetarian Living - July 2017	
What Would Freud Do?: How the Greatest Psychotherapists Would Solve Your Everyday Problems	Tomley, Sarah
Word is Murder, The	Horowitz, Anthony
Zeina Fatat Ghannoojah	
Zeina Fatat Hashoora	
Zeina Fatat Katheerat Al Nazawat	
Zeina Fatat Khajoolah	
Zeina Fatat Saboora	
Zeina Fatat Shareeha	
Zeina Fee Al Madrassah	

DIVE SECTION MONTHLY BULLETIN

October 2017



Contact Us:

Chairman:

Ian Ford

Ian.Ford100@hotmail.com

Secretary:

Wayne Bryant 94879856

waynebry1@gmail.com

Treasurer:

Rick Henson

rickhenson@ymail.com

Diving Officer:

Evert Moes

Evert.moes@gmail.com

Check out our website and forum:

www.diving.pdorc.com

Join us on Facebook:

Search for RAHSAC

*All Divers Are
Welcome!*

Join us exploring Oman underwater. We are a very friendly and active section of the Ras Al Hamra Recreation Club with around 90 members... We dive every week-end so why not join us for some world-class diving on your door step?

**COME AND MEET US AT OUR REGULAR PLANNING
MEETING AT 8.00 ON WEDNESDAYS IN THE DIVE
ROOM/BOAT CLUB BAR**

ALREADY A DIVER?

If you are already an Open Water Diver – no matter which organisation your qualification is with (PADI, SSI, NAUI etc.) – you can simply come and dive with us. You won't need to do any more training but there are lots of opportunities to “cross over” to BSAC and gain further skills and qualifications if you want. Contact our Membership Secretary—Jane Alcock (97473787) - or come along to our weekly planning meeting on a Wednesday evening to find out more.

If you have not dived for a while we are running some “back in the water” sessions and there is still time to join these.

Want to Learn to Dive?

We are not currently planning a beginner course so if you are keen to get started sooner you can train with one of the commercial dive schools and then join us once you have qualified. Either way, call in on one of our regular Wednesday meetings to get the low-down from our Training Officer—Louis Tsiakkiros.



Contact Us:

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Ian.Ford100@hotmail.com

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Wayne Bryant 94879856

waynebry1@gmail.com

Treasurer:

Rick Henson

rickhenson@ymail.com

Diving Officer:

Evert Moes

Evert.moes@gmail.com

Check out our website and forum:

www.diving.pdorc.com

Join us on Facebook:

Search for RAHSAC

RAS AL HAMRA SUB AQUA CLUB

BSAC BRANCH 1299s

October News

Website Problems

Our website is still not well so we cannot use the forum to announce dives. As a short term measure we are using a Whatsapp group to keep people informed of planned dives.

So if you can't make it to the Wednesday DFP meeting you need to make sure we have your contact details so you get the weekly announcements – contact Jane to make sure we have all your up to date contact details.



Training News

Courses planned for the future include:

Boat Handling: Late 2017

Dive Leader: 2018

Sports Diver: End 2017

Speak to Louis our training officer for more details or to express an interest.



October News Continued

Whale Sharks

Whalesharks have been spotted at the Damaniyats and off Fahal in the last few weeks – now is the chance to get some diving in and swim with the world's largest fish.



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Dive Reports

14 October

Thank you acting marshal Naaman and Wayne for a lovely day out. Special thanks to Wayne who coxed and marshalled even though he had a cold and did not dive.

Great dives on Shallow Reef and Hamburger which had beautiful viz.

7 October

Today's trip to the Damaniyats didn't provide any whalesharks but this friendly cow-tailed ray did his best to make up for it! Thanks to Wayne for organising the trip.



October News Continued

Good-bye

It is a fact of life that in our club people are always coming and going as their tours of duty end and they move on to new locations. Sadly this month Wayne Taylor who has been a regular diver, instructor and marshal for the last few years left to return to the UK for a while – back to drysuit diving in the Solway Firth.

We had a final farewell at the DFP and hope it won't be too long before he is back in warm water!



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Dive Reports Continued

3 October

Wow!!! 8 happy divers. One of those night PDO bay was the place to be. Loads of ray of varying kinds and sizes, including a massive cow tail ray and an eagle ray swimming under a buddy pair. Also octopus, cuttle fish and loads of other interesting things

30 September

Lovely day diving at Ray Bay... with amazingly good viz and Shallow Reef. Thank you marshal Mal.



RAS AL HAMRA SUB AQUA CLUB BSAC BRANCH 1299s

October News Continued

Bay To Bay Swim

RAHSAC supported the swimmers who completed a final bay-to-bay swim before the Ras Al Hamra redevelopment closes the beach for several years. Several hundred swimmers made the swim, fortunately without incident this year.



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