

Judo Section

We are pleased that the Judo Section has been recognised for the efforts and dedication of the players, instructors, committee members and parents. At the RAHRC AGM held at the beginning of November, the judo section was awarded 3rd place in the Sports Activity Awards. This gift recognises the commitment made by the volunteers that has kept this activity running for so many years. Kevin Lockyer, the founder instructor of the club was also recognised with a Special Award for his almost 20 years of dedication to the judo club. And so, our sincere thanks to all members of the RAHRC Main Committee for their consideration and generosity.

We are pleased that our membership continues to increase mainly with the juniors, but the adult class receives less interest, although there has been more interest more recently. Unfortunately as one of our instructors is taking a year-long break we have needed to stabilise the number of players on the mats at any one time. A short waiting list is currently in operation.

We are at present in the early stages of carrying out a grading (an activity where players attempt their next coloured belt). All players have practiced hard to perfect the techniques required to be demonstrated for them to be awarded their belts or stripes that make up progress to the next belt. The grading's become more technically complex and difficult as players reach the higher levels, and the ability to perform techniques both right and left handed with equal perfection is a prerequisite of the examination. The hard work and efforts made by the players ensure that virtually all those who attempt the exam, are successful.

