



رأس الحمراء
RAS AL HAMRA

النادي
THE CLUB

September Newsletter 2019



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Main Committee Message

Dear members,

The new season has kicked off and we enthusiastically welcome back everyone from their holidays! Though the summer is often a time of goodbyes, September is also full of hello's so we would like to express a warm welcome to all new families arriving in Muscat.



Let me take a small moment of your time to introduce myself. My name is Simone, I am the new Sports Secretary for the RAHRC having taking over from Paul Sanders since May 2019. In January 2018, I moved to Muscat together with my husband, ready to embark on some new adventures in this beautiful country! As a Dutch national, outdoor and indoor activities have always been central in my life and I am continuously curious to engage in new sportive events. My role at RAHRC entails supporting all 23 sports sections of the Club, promoting their activities and ensuring they can safely pursue their sports. I look forward to working together with you all, learning from your expertise and being able to continue to offer a wide variety of sports, motivating everyone around us to pursue a healthy athletic lifestyle.

SWIMMING FOUR DAY EVENT & BEACH2BEACH SWIM – 6TH TO 11TH OF OCTOBER

In October, we have some exciting swimming activities for you to participate in. The Swimming Zwemvierdaagse (6th – 10th October), an entertaining 5-day Dutch swimming challenge for all primary school children promises yet again to fill up the swimming pool with smiles and laughter! Following this, the Beach2Beach swim (11th of October) organized by the Swimming Section will take place - an open water swimming event of 1.1 km from Marjan beach to PDO RAHRC beach.

RAHRC ANNUAL GENERAL MEETING – 4TH OF NOVEMBER

The RAHRC AGM dates have been confirmed for the 4th of November, 2019. Further details about this meeting will be shared via email, but in the meantime if you have any queries you may contact the Front Office at rahrc@pdo.co.om.

RAHRC FIREWORKS – 8TH OF NOVEMBER

RAHRC's fireworks evening has been scheduled and promises to be yet another family friendly success. Come and be entertained by a beautiful spectacle of fireworks and festive shows at the RAHRC with your family and enjoy some culinary highlights!

WAHIBA CHALLENGE – 15TH & 16TH OF NOVEMBER

The Wahiba Challenge preparations are well underway. Registration will open up soon after the practical training has been completed in October.

PANTO CHALLENGE – 13TH OF DECEMBER

The RAHADS are organizing their Panto Challenge on the 13th of December. Gather up your family and friends and join an entertaining event, accessible for children and adults. Interested? Send an email to rahads.oman@gmail.com for further information.

SAFETY

Please may we also ask you to work together with us in keeping the Club safe – abide by the [road traffic rules](#), clean up after yourselves and use our facilities with care so that the next users can immediately enjoy the services provided at the RAHRC.

Remember to check out our [Facebook](#) and [Instagram](#) page, and feel free to tag the Club [#rahtheclub](#) on your uploads!

I wish you all a wonderful month filled with delightful activities and events!

Kind regards,

On Behalf of the Main Committee,

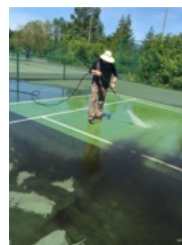
Simone Hemink-Steuns

Sports Secretary RAHRC

Attention: Tennis Court Washing

This is to inform you that the Tennis courts will be closed for washing and cleaning on **Friday, 27th September, 2019** from **6.00 am to 2.00 pm.**

Inconvenience is regretted!



Rugby Section(PDO Pirates Rugby Club)



The rugby section has been steadily growing in numbers over the past 12 months; we are regularly getting between 15 to 25 players coming along to our Monday and Wednesday night training sessions. The training sessions involve a light warm-up then a game of touch rugby with our very own "Pirates rules" which are focused on keeping the game fun. The rugby club is very much a social group and prides itself on not taking things too seriously but also ensuring that players have the opportunity to develop their rugby skills. We are a diverse group with players coming from over 15 different countries both male and female.

The rugby section is about to start training for the Dubai Rugby 7's tournament which is going to be held in the UAE this December. The Pirates will be playing full contact rugby in the Invitational League alongside the best international teams.

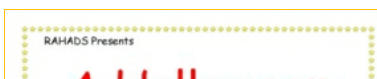
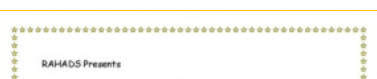
If you are interested to join the club then please come along to our training sessions, we train Monday nights (18:00 – 19:00) and Wednesday nights (17:30 – 19:00) at the old school pitch which is located next the golf course driving range.

All are welcome !

RAHADS Section

The Panto Challenge

A Halloween Special



THE PANTO CHALLENGE

Six Teams Perform a Different 10-minute Panto Each (scripts provided by RAHAD5).

Who are the Panto Champions of Champions?
The Audience Decides By How Loud they Cheer!

Calling teams of actors, singers and dancers, aged 10-100

Can you put on a show?

Save the Dates:

First Meeting will be on Tuesday 1st October 2019 -
Performances will be Friday 13th December 2019

Contact rahads.oman@gmail.com to register interest and find out more...

A Halloween Special

SFX Make Up Workshop

Who: Teens and Young Adults aged 15-20

When: Saturday 19th October 2019, 2.30-5.30pm

Where: The Cinema Hall, RAHRC

Ever wanted a hole in the head?



Or a nose job?



Practise with all the RAHAD5 make-up equipment for free! Refreshments provided.

Contact rahads.oman@gmail.com to sign up and get more information

Golf Club



RAHGC's calendar keeps getting busier, and September was no exception and we are yet to enter the peak season: Committee Walk-In; Mistal Monthly Medal and Musco Lighting Stableford. Cherry on the cake is increased participation for each event.

Annual Ras Al Sifah is coming up on the 27-28 September.

Committee Walk-In:

Friday, the 13th was not so unlucky. We welcomed our new Golf Committee with the Committee Walk In. We had a full field of 24 teams competing in the event. The team of Hamoud Al Shaqsy and Atulya Sharma had an outstanding day scoring 52 points to win the event. There was a countback to determine second place as Lee Johnson and John Bryce beat Mark Mitchell and Keith Park 24 points to 23 points.

After the golf, our members enjoyed a BBQ and drinks at their new patio bar (Down in One Bar). The summer medal prizes and the winners of inaugural Penta Pairs championship were awarded...

[Read More..](#)

Tennis Section



TOUR

Registration is now open!

OMR3 ENTRY

FRI, 4th OCTOBER

REGISTER: SVETA.MALAKHOVA@GMAIL.COM
OR WHATSAPP: 96454030

ALL CATEGORIES U10 U12 U14 U18

POCARI SWEAT

McDonald's

Swimming Section

PDO Family Bay Swim

Introduction to Sea Swimming:
Friday 18th Oct & Friday 15th Nov
8am – 9am (arrive 7:45am)
All ages welcome

100m laps ...
You choose how many

- * Participants swim entirely at their own risk.
- * Parents are responsible for the safety of their children.
- * No formal support will be provided.
- * No registration required.
- * Open to PDO club members.

123 ORION

PLAYS RAHRC BOAT CLUB
26 SEPTEMBER 2019
SUPPORTED BY

RUN for COVER

RAS AL HAMRA RECREATION CENTRE
Presents....
Date: 27th September '19
Venue: RAHRC Boat Club

Latin Reggae
Zouk Classic
African Top Pop

DJ CHOZ

World Hits

Shake in your weekend with jingles around the world, a series of latest tunes and videos.

LAZY PUB LUNCH FRIDAYS

Join us for a relaxed old school style Pub lunch buffet with a sumptuous Carvery, Yorkshire Puds, fresh salads, bakers breads & other delicious items our Chefs create.

OMR 5 PER PERSON

2 pm till 5 pm, Summer Fridays.
Venue - RAHC, Club house sports bar



Ras Al Hamra Recreation Center

The Club

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