## PDO Pirates at the Dubai Rugby 7's

The PDO pirates sent a team to the Dubai rugby 7's tournament in December to fly the flag high for Oman, the Ras Al Hamra club and for PDO. The 7's is a major rugby event on the international calendar with over 200 teams attending. The pirates had been training months in advance for this full contact tournament and didn't shy away from contact as the team continued to make big hit after hit without picking up any major injuries.

The overall outcome of the event was a success, all players were fully committed to the team and this was visible on and off the pitch with everybody knowing their role and working to the game plan. The pirates made it to the semi-finals before being knocked out of the tournament in a very competitive final game which saw the opposition win by the finest margin.

If you would like to get involved in the rugby section of the club then please come down to our training session for a light, non-contact game of rugby with the legendary "Pirates rules" aim at making the game fun.

We train every Monday (18:00-19:00) and every Wednesday (17:30-19:00) at the old PDO school grass pitch located next to the golf driving range, all are welcome.





